



School can specify a service or if unclear DESC will advise



All staff receive clinical supervision



Therapeutic Services

Delivering to DESC and Dacorum schools
Bespoke program for each child



CPD weekly 1.5 hours



Mental health staff (Counsellors, CBT therapists, MHW) receive an additional 1.5 hours' clinical supervision per month and are registered with their appropriate professional bodies

Mental Health Worker

BSc (Hons) Nursing (Mental Health) Year 2
Evaluation tool used core YP/SDQ

This service is available to children and young people attending DESC and Dacorum schools

This intervention enables an initial assessment to be completed in the school environment, it is needs led and sessions are delivered one to one

CBT for children and young people

Evaluation tools used CoreYP/GAD7/PHQ9

This specialist service is available to children and young people attending DESC and Dacorum schools with anxiety, depression and common mental health conditions

It is delivered as 10 sessions and has a cost attached, it can be requested via the school and can on occasion be funded by pupil premium or by parents

Counselling for children/young people

Evaluation by CoreYP

This service is available to children and young people attending DESC and Dacorum schools

Delivered in school by a BACP qualified counsellor, there is a cost attached

DESC quality assure the service by

- undertaking to gather weekly data to evidence impact
- ensuring HCC safer recruiting processes are adhered to
- work within the British Association of Counselling and Psychotherapist (BACP) Ethical framework
- deliver appropriate training to include CP, Prevent, FGM
- provide clinical supervision for all counsellors

Counselling for Parents

Evaluation by GAD7/PHQ9

This is a free service to parents whose child or young person is attending DESC or receiving support through the DESC Outreach service

Weekly counselling sessions are delivered at the DESC Barncroft site Hemel Hempstead and two via satellite venues, one in Tring and one in Berkhamsted

Parenting Practitioner

Evaluation tool SDQ

This service is available to parents of children or young people attending DESC or accessing support via the DESC Outreach Service

The Parenting Practitioner encourages a solution focused approach to parenting, working in partnership with and liaise with other agencies

Supporting parents both in schools and in their homes to maintain, establish or repair their relationship with school

The aim is to establishing good rapport and encourage parents/carers to engage in their child/young person's learning using Brief Therapy and counselling models

Drawing and Talking

Evaluation Tool used Boxall

This service is available to children and young people attending DESC and Dacorum schools

It is a therapeutic approach offered before counselling as an early intervention

Delivered in school by an advanced D&T Practitioner, there is a cost attached