

Dear Professionals,

In this communication, please find the following training and support with the booking links. Please find more information on each session, in this PDF document.

<b>TRAINING OPPORTUNITY</b>	<b>BOOKING DETAILS</b>
<b>Primary School Mental Health and Wellbeing (pastoral) leads network</b> <b>10.11.2021, 13:30-15:00</b>	No booking required on Eventbrite, as a Microsoft teams link will be sent directly from Public Health.
<b>Behaviour Forum – Dacorum Secondary Schools</b> <b>11.11.2021, 15:30-17:00</b>	Eventbrite: <a href="http://www.dspl8.eventbrite.com">www.dspl8.eventbrite.com</a>
<b>Autism &amp; Anxiety</b> <b>01.12.2021, 9:30-11am</b>	E-mail: <a href="mailto:Training-AET@Hertfordshire.gov.uk">Training-AET@Hertfordshire.gov.uk</a>
<b>Introduction to Downs Syndrome</b> <b>10.11.2021, 1-3pm</b>	Book via: <a href="https://www.eventbrite.co.uk/e/introduction-to-down-syndrome-for-professionals-tickets-190973997367">https://www.eventbrite.co.uk/e/introduction-to-down-syndrome-for-professionals-tickets-190973997367</a>
<b>MHL/DMHL- Update</b>	See links below and relevant attachments on the DSPL email
<b>School link advisory teachers from Speech, Language, Communication and Autism ISL team</b>	See excel document attached to the DSPL email
<b>Youth Groups: Children with Additional Needs and Siblings of children with Additional Needs</b>	For more information, please contact: 01442 213864. Rhannon Sutton or Jane Marchant: <a href="mailto:jane.marchant@dacorum.gov.uk">jane.marchant@dacorum.gov.uk</a> / <a href="mailto:rhannon.sutton@dacorum.gov.uk">rhannon.sutton@dacorum.gov.uk</a>

The DSPL8 Professionals communication will also be uploaded to our website each fortnight and can be downloaded from the following link: <http://www.dacorumdspl.org.uk/online-resources-for-professionals-2/>

Kind Regards,

DSPL 8 Team – Carole Hassell, Ruth Mason & Ashley Fabray

Website - [www.dacorumdspl.org.uk](http://www.dacorumdspl.org.uk)

Email – [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)

Facebook - [www.facebook.com/dspldacorum](https://www.facebook.com/dspldacorum)

Instagram - [https://www.instagram.com/dspl\\_dacorum/](https://www.instagram.com/dspl_dacorum/)

## **Primary School Mental Health and Wellbeing (pastoral) leads network**

**Wednesday 10<sup>th</sup> November, 2021, 13:30-15:00 (Please note the change in time from previously advertised)**  
**No booking required on Eventbrite, as a Microsoft teams link will be sent directly from Public Health.**

March 2021

Primary School Mental Health and Wellbeing (pastoral) leads network

### **Background information**

Pastoral leads networks for secondary schools are in place across Hertfordshire and offer useful forums by which schools and relevant partner agencies can share information and work together supportively to address issues and highlight examples of best practice. This document sets out a proposed model for establishing a similar structure for primary schools. The model is based on feedback from schools via questionnaires and an online planning session which took place on 11<sup>th</sup> Feb 2021.

The annual primary school pastoral leads conference will continue to take place for all areas to come together and to hear from external speakers.

The model will be reviewed in December 2021 to ensure it is sustainable and appropriately meeting the needs of schools and will then be reviewed each year on an annual basis.

### **Purpose of the Network**

- To provide an opportunity for professionals in Hertfordshire primary schools to network, share best practice and challenges, and to link with relevant partners from across the Hertfordshire mental health system.
- To provide a focussed forum for discussions relating to whole-school mental health and emotional wellbeing.
- To enable a consistent approach across the whole county, but with the flexibility for local areas to discuss the issues most pertinent to them.

### **The Model (Aligned to DSPL areas):**



March 2021

### **Frequency of meetings:**

Each area will meet once per term.

To accommodate the large number of schools within each area, meetings will be primarily virtual, taking place on MS Teams.

Nb. In some areas of the county there are mental health lead or other similar meetings, focussed on peer/group supervision or support. This network will complement rather than replace these groups.

### **Roles and responsibilities:**

Co-chairs: DSPL Manager for each area will co-chair meetings with a volunteer from one of the attending schools

A Public Health team member and/or Strategic lead for mental health in schools will attend each meeting to provide county and national updates, and updates re CAMHS.

### **Standing Agenda items:**

- County/national update
- Local update
- Sharing best practice/challenges
- Impact of Covid-19 on pupils and staff

## **Behaviour Forum—Dacorum Secondary Schools**

**Thursday 11<sup>th</sup> November 2021, 15:30-17:00**

**Book via Eventbrite: [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)**



## **Behaviour Forum—Dacorum Secondary Schools**

The Behaviour Forum provides an opportunity for Secondary Pastoral Leads to hear the latest initiatives and developments. Whilst providing an opportunity for networking and sharing of good practice.

The Autumn Term session will include the following:

- Emotional Wellbeing and Behaviour Strategy
- Update from Mental Health
- Dacorum Family Services update
- KS3 Hub programme and Outreach at DESC

**Date:** Thursday 11th November 2021

**Time:** 15:30 - 17:00

**Venue:** Online (the meeting link will be sent directly from DESC nearer the date)

**Book your place via:** [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

## **Autism & Anxiety**

E-mail [Training-AET@Hertfordshire.gov.uk](mailto:Training-AET@Hertfordshire.gov.uk)

**Please include number of staff that will be attending and their names and email addresses.**


**Further details will be provided on confirmation of your date**

# Autism & Anxiety

<b>Course title:</b>	<b>Autism &amp; Anxiety DSPLs 7 &amp; 8</b>
Suitable for:-	SENCo's or teachers who are working with and supporting children with a diagnosis or traits of ASD
Focus of training:-	To support practitioners to better understand autism & anxiety & how to support children in a school setting.
When	<b>Wednesday, 1st December 2021 9.30—11 am</b>
Where	<b>Virtually using Microsoft Teams</b>
Aims of the training	<ul style="list-style-type: none"> <li>To gain a fuller understanding of anxiety</li> <li>To know how anxiety can affect children and young people on the autism spectrum</li> <li>To provide strategies to support those with anxiety</li> </ul>
Booking a place	E-mail <a href="mailto:Training-AET@Hertfordshire.gov.uk">Training-AET@Hertfordshire.gov.uk</a> <b>Please include number of staff that will be attending and their names and email addresses.</b> Further details will be provided on confirmation of your date

## Introduction to Downs Syndrome

Book via: <https://www.eventbrite.co.uk/e/introduction-to-down-syndrome-for-professionals-tickets-190973997367>




# INTRODUCTION TO DOWN SYNDROME


*For teachers, TAs and  
other professionals  
working with children/ a  
child with Down  
Syndrome, in  
Hertfordshire and the  
surrounding counties.*


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**THIS WORKSHOP WILL BE  
HELD ONLINE VIA  
GOOGLEMEET.**

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**Wednesday  
10th  
November  
1pm - 3 pm**


  
**Online**



### Course content

- What is Down Syndrome?
- Dispelling the myths
- Building a picture of a pupil who has Down syndrome
- Building a picture of your pupil
- Key points

### Trainer:



**Helen Long**  
Down Syndrome  
Specialist Advisory  
Teacher, SENCo,  
parent and teacher

**Registration - please click the link below:**  
[Introduction to Down Syndrome - for professionals  
Tickets, Wed 10 Nov 2021 at 13:00 | Eventbrite](#)

**More Info** [info@dsachieve.org](mailto:info@dsachieve.org)

## MHL/DMHL- Update

### Feeling Good Week 2022

*It can be easy to think you need to change parts of yourself, but what if you spent more time devoted to being you, for you? This year the theme is Body Positivity. We would like to see ideas that promote acceptance, respect and celebration of all children and young people for who they are, and tools that can be used to support good mental health and emotional wellbeing.*

Feeling Good Week is a Hertfordshire-wide event that encourages schools and the wider community to promote children and young people's emotional wellbeing by raising awareness of mental health and showing where support can be accessed within the community.

From **7<sup>th</sup> – 11<sup>th</sup> February 2022**, we want you to help make children and young people in Hertfordshire feel good by running your own special projects to boost their emotional and mental wellbeing.

Youth organisations, schools, and young people are invited to submit a bid and apply for up to £500 of funding, which has been put forward by Hertfordshire County Council, and the county's two Clinical Commissioning Groups (CCGs). The bids will be reviewed by a panel in December, and they will decide which projects will receive funding Feeling Good Week 2021.

For more information please visit:

<https://www.healthyyoungmindsinherts.org.uk/home/news-and-resources/events/feeling-good-week-february-2022>

Please submit completed application forms via email: [CAMHS.Commissioning@hertfordshire.gov.uk](mailto:CAMHS.Commissioning@hertfordshire.gov.uk)

**The deadline for applications is:**  
**Friday 3<sup>rd</sup> December 2021**

Please note, unless there is an issue with your application form, bids will not be acknowledged by email. Only one application per organisation will be accepted.

**Message sent on behalf of Lisa Gazeley- CAMHS Comms & Engagement Manager**

**Hertfordshire CAMHS newsletter Edition 7 - October 2021- Full document attached**

Dear all,

Hope you're all well and looking forward to the weekend. Please see below and attached the October edition of the Hertfordshire CAMHS System newsletter.

The newsletter is for **staff groups working with children and young people and parents/carers in Hertfordshire** including public services - council/s, education settings - and other partners including voluntary, community and social enterprise (VCSE) organisations, as well as with NHS CAMHS and other NHS staff. It isn't for wider circulation beyond these groups, **but please forward it to colleagues working with children and young people in your organisation** and/or forward contact details of professionals from your organisation or others, to be added to the distribution list for the newsletter to: [lisa.gazeley@hertfordshire.gov.uk](mailto:lisa.gazeley@hertfordshire.gov.uk).

It would be really helpful if you could also help publicise the following from this month's edition through your external communications channels please:

- New [mental health and wellbeing information for parents and carers in Hertfordshire](#)
- [Art workshops](#) available for 14-18 year olds throughout the county
- [Goal setting sessions](#) with the OLLIE Foundation for professionals, parents, carers and young people age 12+
- Follow [Just Talk](#) and share @JustTalkHerts messages on [Facebook](#), [twitter](#) and [Instagram](#) to help spread the word about the campaign and Just Talk Week 15-21 November.

If you have any feedback and/or any articles you would like to be included in future editions, please contact Lisa Gazeley (CAMHS Comms & Engagement Manager) [lisa.gazeley@hertfordshire.gov.uk](mailto:lisa.gazeley@hertfordshire.gov.uk).

Thanks for your help and very best wishes  
Lisa

**Suicide Prevention Training- Please see poster attached**

Hertfordshire County Council have commissioned Harmless to deliver a Suicide awareness and prevention accredited course.

**Please note:** you must be working in/supporting people who reside in Hertfordshire county to qualify for a funded place on this course.

***The training package is an intermediate level for those who have already received basic/introductory suicide prevention training (or mental health training with a suicide prevention element). If you have not completed an introductory or basic level course do note Hertfordshire commission a range of courses, you can attend.***

To express your interest in the Suicide Intervention Half day training please complete our online booking form via Eventbrite by using the following links. Or for more information or advice on the courses being delivered please speak to a member of the Let's Talk Training team: [training@harmless.org.uk](mailto:training@harmless.org.uk)

<p>?</p> <p><b>03/11/2021</b> <b>PM</b></p>	<p><a href="https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182608074667">https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182608074667</a></p>
<p><b>15/11/2021</b> <b>AM</b></p>	<p><a href="https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182609478867">https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182609478867</a></p>
<p><b>25/11/2021</b> <b>AM</b></p>	<p><a href="https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182610180967">https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182610180967</a></p>
<p><b>29/11/2021</b> <b>AM</b></p>	<p><a href="https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182610421687">https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182610421687</a></p>
<p><b>01/12/2021</b> <b>PM</b></p>	<p><a href="https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182611143847">https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182611143847</a></p>
<p><b>07/12/2021</b> <b>PM</b></p>	<p><a href="https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182611695497">https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182611695497</a></p>
<p><b>10/12/2021</b> <b>AM</b></p>	<p><a href="https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182615647317">https://www.eventbrite.co.uk/e/free-hertfordshireherts-suicide-intervention-training-online-tickets-182615647317</a></p>

**Senior Mental Health Lead Training - DfE funding available**  
**Training for senior mental health leads from the Anna Freud Centre**

The Anna Freud Centre has produced an evidenced-based, two-day online course (7 modules) for senior leaders to support a strategic whole school approach to mental health - and schools can access it with funding from DfE.

The course aims to equip school leaders with the necessary skills to successfully meet the core outcomes identified in the Green Paper.

By the end of the course Designated Senior Mental Health Leads will be able to:

**If you would like to register for our mailing list, or be removed, please email [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)**

- Articulate a plan for how they will put in place a whole-school approach to positive mental health and wellbeing, which embodies respect and values diversity.
- Set out how they will make use of the existing systems to put in place a whole school-approach to mental health and wellbeing throughout the school environment.
- Illustrate how they will use any formal curriculum teaching opportunities and resources in the school/college to promote good mental health and outline how they will use existing systems to implement this.
- Develop a plan for how they will involve the student body in the school in the co-production and embedding of their whole school approach, including identifying opportunities for peer-led wellbeing support.
- Demonstrate how they will work with all staff in the school to raise mental health awareness and literacy, using existing established systems.
- Explain how they will make use of existing systems and staffing within their school to support earlier identification of, and intervention for, pupils/students with mental health issues.
- Outline how they will work with/through the mental health provision in their local area in order to develop a good understanding of outcome measures used by mental health professionals and recognise any gaps that need filling in terms of mental health provision for their pupils/students in the school setting.
- Map the geography of mental health service provision in their local area and set out their plan for how best to embed interaction with those that are relevant to their particular setting.
- Lay out a plan for how they will involve parents/carers/families and the outside community (with an awareness of the cultural context they are operating in), to ensure, where possible that they 'buy into' the culture of wellbeing the school is trying to create, and are able to continue the focus on this outside school hours.

If you are interested, please visit [annafreud.org](http://annafreud.org) for more details on the application process and how to secure a place. If you would like to discuss the delivery of this training, please email: [SMHL.Training@annafreud.org](mailto:SMHL.Training@annafreud.org)

There are a number of available dates for the course over the coming months and the application process for DfE funding is open until 25 October 2021 so please act as soon as possible if you would like to apply for this funding.

### **Five Ways to Wellbeing Competition for 8 - 24 year olds**

Open to anyone aged 8-24

There are different competitions aligned to each of the 'Five Ways to wellbeing'.

See the bottom of this article for an overview of each of the competition strands.

For more information on the competition, including handouts that can be used in lessons etc. please click

<https://www.justtalkherts.org/news-and-campaigns/just-talk-week-competition.aspx>

**How to enter** Schools and colleges can send scanned copies of a selection of their best entries\* to be reviewed by our judging panels here: [justtalk@hertfordshire.gov.uk](mailto:justtalk@hertfordshire.gov.uk)

\*No more than 10 entries per year group per school

**Judging & Prizes** The judging panel will consist of Just Talk Network members and young people, who will choose the winners from each category. The winning entry for each category will receive a certificate and £25 in online vouchers. There will also be several £10 vouchers for runner up prizes. All winning entries will be displayed on our website (with the entrant's agreement): <https://www.justtalkherts.org/just-talk-herts.aspx>

**Closing date** All entries to the competition should be received by 5pm, Friday 3 December 2021. Any questions, please email us here: [justtalk@hertfordshire.gov.uk](mailto:justtalk@hertfordshire.gov.uk)

#### **The competition strands:**

**Connect:** Create a catchy slogan or song about the importance of looking out for your friends

**Give:** Nominate someone you know (it could be a friend, family member or teacher from your school) who has done something kind for others during Covid. Tell us in no more than 50 words, why you think they deserve to win our first ever 'Kindness' award.

**Take Notice:** Share your creativity with us - Create a picture/painting, comic strip, poem or piece of music that expresses how Covid has made you feel. Please tell us why you think your creation expresses how you feel in no more than 50 words.

Be Active: Design a fun 5 minute game that helps you to be active, and can be played whilst socially distancing  
Keep Learning: Write a short essay or poem (no more than 250 words) about how different our post Covid-19 lives might currently look if the Internet had never been invented.

**School link advisory teachers from**  
**Speech, Language, Communication and Autism ISL team**

Please see the excel spreadsheet attached to the DSPL email, containing the allocated St. Albans and Dacorum School Link advisory teachers School link advisory teachers from Speech, Language, Communication and Autism ISL team.

**Youth Groups: Children with Additional Needs and**  
**Siblings of children with Additional Needs**

Flyers for both youth groups can be downloaded from our website via: <http://www.dacorumspl.org.uk/online-resources-for-parents-and-carers-2/>

For more information, please contact: 01442 213864.

Rhiannon Sutton or Jane Marchant: [jane.marchant@dacorum.gov.uk](mailto:jane.marchant@dacorum.gov.uk) / [rhiannon.sutton@dacorum.gov.uk](mailto:rhiannon.sutton@dacorum.gov.uk)

**Local High Needs Funding Panel dates 2021-22**

The dates below are for next two LHNFP panels and application submission dates:

Day	Date	Time	Papers due
Wednesday	24.11.2021	10am	10.11.2021
Thursday	27.01.2022	10am	13.01.2022

**\*Please note\* there are no panels in December 2021 and April 2022**

Please email password protected application forms to [dspl8lhnfpnl@kls.herts.sch.uk](mailto:dspl8lhnfpnl@kls.herts.sch.uk)

**DSPL8 Professionals Training - Autumn 2021**

Booking Link - [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

**DSPL8 Professionals Training Offer 2021-22**

Please find below the dates and times for training available to DSPL8 Professionals for 2021-22.

**Autumn 2021 Term**

Autism Lead Network meeting	15.09.2021	13:00-14:30	Online
Primary School Mental Health and Wellbeing (pastoral) leads network	10.11.2021	13:30-15:00	Online*
Behaviour Forum Secondary Pastoral Leads	11.11.2021	15:30-17:00	DESC
Herts for Learning SEND Briefing	02.12.2021	09:00-13:00	South Hill Centre
SENCo Cluster Network - Tring	*see below		
SENCo Cluster Network - Berkhamsted	**see below		
SENCo Cluster Network - Secondary	21.10.2021	09:15-10:45	Online
SENCo Cluster Network - 1	12.10.2021	09:15-10:45	Online
SENCo Cluster Network - 2	12.10.2021	13:15-14:45	Online
SENCo Cluster Network - 3	14.10.2021	09:15-10:45	Online
SENCo Cluster Network - 4	14.10.2021	13:15-14:45	Online
Woodfield Outreach Training:			
TBC	TBC	TBC	TBC

Book your place via: [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

**Autism Lead Network Meeting**

Autism Lead Forums are sessions for those with autism lead responsibility to hear the latest developments and practice for autistic young people. There is also an opportunity for networking and sharing good practice between schools. Book via Eventbrite.

**Behaviour Forum**

The Behaviour Forum provides an opportunity for Secondary Pastoral Leads to hear the latest initiatives and developments. Whilst providing an opportunity for networking and sharing of good practice. Book via Eventbrite.

**Primary School Mental Health and Wellbeing (pastoral) leads network**

Mental Health Lead Forums are sessions for those with mental health lead/deputy responsibility to hear latest developments, training and support for those working to improve and support well-being in schools for adults and young people. \*You do not need to book on Eventbrite, as a Microsoft teams link will follow from Public Health.

**Herts for Learning SEND Briefing**

SEND Briefings are designed for all SENCO's to ensure you are up to date with local and national SEND practice. With an hour for a specialist presentation on a SEND related topic and hour and half for Herts for Learning presentation on local/national updates. Slides of presentations are available after the event to those that have attended/registered. In non covid times we also ensure there is time for networking and catch up over coffee and cake. Book via Eventbrite.

**SENCo Network Cluster Meetings**

SENCO network meetings are an opportunity for SENCO's to share good practice ideas, problem solve together and spend some time with others. From time to time speakers can be arranged and there is an opportunity for issues raised to be highlighted within the DSPL in order to highlight need or seek resolution to common challenges. See the last page for a list of schools in each SENCo Network Cluster. Book via Eventbrite.

\*Tring Cluster: For dates contact - [s.lindars@hobbshillwood.herts.sch.uk](mailto:s.lindars@hobbshillwood.herts.sch.uk)

**DSPL8 Professionals Training Offer 2021-22**

**Schools in each SENCo Network cluster**

Network 1	Network 2
Bedmond Boxmoor Galley Hill Heath Lane Hemel Hempstead Micklem Nash Mills Pixies Hill South Hill Two Waters	Bovingdon Chaulden Infants Chaulden Juniors Gade Valley George Street JFK Kings Langley School Sarratt St Cuthbert Mayne St Pauls Chipperfield St Roses The Laureate
Network 3	Network 4
Astley Cooper Aycliffe Drive Belswains Brookwood Gaddesden Row Hoblets Manor Infants Hoblets Junior Holtsmere Infants Holtsmere Juniors Kings Langley Primary Maple Grove St Albert the Great Yewtree	Adeyfield Broadfield Chambersbury Flamsted Village School Hammond Hobbs Hill Wood Jupiter Free School Leverstock Green Lime Walk Longdean Marykate Village The Reddings Tudor

## **ISL SEND Duty and SEND Advice Lines**

### **Statutory SEND Team (for queries about your EHCP)**

This academic year our SEND Duty lines will be available:

**8.45am - 5.30pm Monday - Thursday, and 8.45am - 5pm Fridays.**

**East Herts, Broxbourne Welwyn and Hatfield - 01992 588562**  
[easthertsbroxbourne.senteam@hertfordshire.gov.uk](mailto:easthertsbroxbourne.senteam@hertfordshire.gov.uk)

**North Herts and Stevenage - 01438 843758**  
[northhertsstevenage.senteam@hertfordshire.gov.uk](mailto:northhertsstevenage.senteam@hertfordshire.gov.uk)

**St Albans and Dacorum - 01442 453 300**  
[stadsendteam@hertfordshire.gov.uk](mailto:stadsendteam@hertfordshire.gov.uk)

**Watford, Three Rivers and Hertsmere - 01442 454012**  
[watfordthreerivers.senteam@hertfordshire.gov.uk](mailto:watfordthreerivers.senteam@hertfordshire.gov.uk)

Wherever possible, we will always try to answer your query there and then, but if this is not possible (or you wish to speak with a specific officer), we will be operating a call back consultation offer. This model will provide you with the opportunity to arrange with the call handler, a pre-booked "call back" with a named officer across a range of available slots each week.

### **Specialist advice lines**

**Educational psychology advice line**  
**01992 588 574 Wednesdays 2pm - 4.30pm**

**Specific Learning Difficulties (SpLD)**  
**01442 453 920 (term time only) Mon and Thurs, 9.30am - 12pm**

**Speech, Language, Communication and autism Needs (SLCA)**  
**01442 453 920 (term time only) Tues and Weds, 1.30pm - 4pm**

**Early years (0 - 5)**  
**01442 453 920 (term time only) Weds 9am - 12pm and Thurs 1.30pm - 4pm**

**Physical and neurological impairment team (PNI)**  
**01442 453 920 (term time only) Mondays, 1.30pm - 4pm**

**Education Support for Medical Absence (ESMA)**  
**01442 454 802 (school hours, term time only)**  
[esmaenquiries@hertfordshire.gov.uk](mailto:esmaenquiries@hertfordshire.gov.uk)

**Children and young people's therapy services**  
**(Advice from occupational therapists, physiotherapists and speech and language therapists)**  
**01923 470680 – select Option 3 for the therapy service. Callers then choose to use the service Advice Line (select 1) or to speak to an administrator (select 2).**  
**Or email [hct.cyptherapies1@nhs.net](mailto:hct.cyptherapies1@nhs.net).**

Please feel free to share this email with any relevant colleagues.