

Dear Professionals,

In this communication, please find the following training and support with the booking/information links. Please find more information on each session, in this PDF document.

| <u>TRAINING OPPORTUNITY</u> | <u>BOOKING/INFORMATION LINK</u> |
|---|---|
| DSPL8 HfL SEND Briefing – 02.12.2021 – NOW TAKING PLACE REMOTELY | www.dspl8.eventbrite.com |
| Woodfield Outreach Professionals Training Autumn & Spring Term Sessions: <i>Supporting Anxious Children</i> <i>Using Visual Supports</i> <i>Understanding and using Zones of Regulation</i> <i>Understanding and supporting girls with Autism</i> <i>Practical tips and ideas for teaching Relationships and Sex Education for pupils with SEND</i> | www.dspl8.eventbrite.com |
| Free Early Years Training (DSPL 8) Supporting Children with Autism & Social Communication – various dates in 2021-22 | Email: CommunicationandAutismTeamISL@hertfordshire.gov.uk |
| Tourette's Talk for Professionals – 29.11.2021 | https://www.eventbrite.co.uk/e/tourettes-talk-for-professionals-tickets-190708713897 |
| Hertfordshire CAMHS newsletter Edition 8 - November 2021 | See information below in communication and PDF newsletter attached. |
| <u>Feeling Good Week 7-11th February 2022</u> | https://www.healthyyoungmindsinherts.org.uk/home/news-and-resources/events/feeling-good-week-february-2022 |
| Money Advice Unit Training Programme | Please see Training programme & booking form attached to the DSPL email. |

The DSPL8 Professionals communication can also be downloaded from our website via the following link:
<http://www.dacorumdspl.org.uk/online-resources-for-professionals-2/>

Kind Regards,

DSPL 8 Team – Carole Hassell, Ruth Mason & Ashley Fabray

Website - www.dacorumdspl.org.uk

Email – dspl@kls.herts.sch.uk

Facebook - www.facebook.com/dspldacorum

Instagram - https://www.instagram.com/dspl_dacorum/

DSPL8 HfL SEND Briefing – ONLINE
Wednesday 2nd December at 9:30am

Unfortunately, due to the current uncertainty of Covid outbreaks in schools we have taken the difficult decision to move this event back online rather than face to face, as it would not be appropriate for us to bring Professionals from different schools together at this time.

If you have not booked a place and would still like to attend, please book via: www.dspl8.eventbrite.com
Bookings close at 10am on 1st December. You will receive an email from us with the Live Storm link to access the training and the PowerPoint presentations the day prior to the SEND Briefing.

Woodfield Outreach Professionals Training

Please see the flyers below for details of upcoming training for DSPL8 School staff. The Autumn and Spring Term training is available for booking on Eventbrite and we will advise when the Summer Term training is open for booking. Eventbrite booking link - www.dspl8.eventbrite.com



Woodfield Outreach Professionals Training 2021-22

Booking Link - www.dspl8.eventbrite.com

| | Dates | Time | Location |
|---|--|--|--|
| Autumn Term 2021 | | | |
| Supporting Anxious Children & Young People | Please attend both sessions online. Part 1: Wednesday 8 th December 21 Part 2: Wednesday 15 th December 21 | 2-3pm 2-3pm | Virtual – Zoom Virtual - Zoom |
| Spring Term 2022 | | | |
| Using Visual Supports | Please attend Part 1 online and one of the dates for Part 2 in person. Part 1: Wednesday 12 th January 22 Part 2 option a: Wednesday 2 nd March 22 or Part 2 option b: Wednesday 9 th March 22 | 1.30-3pm 1.30-3.30pm 1.30-3.30pm | Virtual – Zoom In person @ Woodfield School HP3 8RL In person @ Woodfield School HP3 8RL |
| Understanding and using Zones of Regulation | Please attend all 3 sessions online. Part 1: Wednesday 19 th January 22 Part 2: Wednesday 26 th January 22 Part 3: Wednesday 2 nd February 22 | 2-3pm 2-3pm 2-3pm | Virtual – Zoom Virtual – Zoom Virtual - Zoom |



| | | | |
|--|---|--------------------------------|--|
| Understanding and supporting girls with Autism | Please attend both sessions online. Part 1: Wednesday 9 th February 22 Part 2: Wednesday 23 rd February 22 | 2-3pm 2-3pm | Virtual – Zoom Virtual - Zoom |
| Practical tips and ideas for teaching Relationships and Sex Education for pupils with SEND | Please attend both sessions in person. Part 1: Wednesday 16 th March 22 Part 2: Wednesday 23 rd March 22 | 1.30-3.30pm 1.30-3.30pm | In person @ Woodfield School HP3 8RL In person @ Woodfield School HP3 8RL |
| Spring Into Summer Term 2022 | | | |
| Social Stories, when and how to write them. | Please attend both sessions, Part 1 online and Part 2 in person. Part 1: Wednesday 30 th March 22 Part 2: Wednesday 27 th April 22 | 2-3pm 1.30-3.30pm | Virtual – Zoom In person @ Woodfield School HP3 8RL |
| Positive Behaviour Support – Key strategies that work. | Please attend both sessions online. Part 1: Wednesday 11 th May 22 Part 2: Wednesday 18 th May 22 | 2-3pm 2-3pm | Virtual – Zoom Virtual – Zoom |
| What helps effective transitions? | 1 session online. Wednesday 25 th May 22 | 2-3pm | Virtual – Zoom |
| Great skills for Teaching and Learning Assistants | Please attend 1 session in person. This is being offered on 2 separate dates. | | In person @ |



| | | | |
|--|---|-----------------|---|
| | Wednesday 8 th June 22 Or Wednesday 15 th June 22 | 1.30- 3.30pm | Woodfield School HP3 8RL In person @ Woodfield School HP3 8RL |
| Supporting demand avoidant learners | 1 session in person. Wednesday 22 nd June 22 | 1.30- 3.30pm | In person @ Woodfield School HP3 8RL |
| Developing communication for those who are pre/non- verbal | 1 session in person. Wednesday 29 th June 22 | 1.30- 3.30pm | In person @ Woodfield School HP3 8RL |

Continuing Professional Development Focus and Aims

Supporting Anxious Children and Young People

- Develop understanding of the range of reasons pupils feel anxiety
- To know how anxiety can affect children and young people
- Develop understanding of how the cause of anxiety impacts the appropriate supports and strategies
- Learn about and practice using a range of tools that can be used to support those with anxiety

Using Visual Supports

- Develop your understanding of visual supports as learning and communication tools.
- To know how they support pupils and the benefits of their use
- To broaden your knowledge of the range of visual supports
- To know the functions of different visual support tools
- To know when and how to draw on this toolkit to support learners



- To prepare materials to create visual support tools for specific learners

Understanding and using The Zones of Regulation

- Understand The Zones Framework and activities for supporting implementation of it
- Develop your understanding of the range of emotions and their purposes
- Explore the neurological component to how emotions impact behaviour
- Learn about a toolkit of co and self-regulation strategies
- Recognise the importance of security, attachment and positive relationships in the development of regulation skills
- Heighten a compassionate mind-set as the foundation to understanding and teaching The Zones of Regulation framework

Understanding and supporting girls with Autism

- Review of autism and how it impacts pupils
- Why are so many more boys diagnosed with autism than girls?
- How can autism look different in girls?
- Why is it important for girls with autism to be diagnosed early?
- Developing your understanding of what masking means
- Strategies for supporting girls with autism

Practical tips and ideas for teaching Relationships and Sex Education for pupils with SEND

- Understand the importance of supporting parents and working in partnership
- Know what is optional and what is mandatory in RSE
- Know what are the priority elements to teach
- Lots of practical and useable ideas for teaching RSE to pupils with SEND

Social Stories, when and how to write them

- Learn what a social story is and what it is not
- Increase your understanding of when a social story could be helpful
- Gain skills in writing social stories and how to develop them
- Be better equipped to support pupils through social stories



Positive Behaviour Support – Key strategies that work

- Understand how to positively support pupils behaviour
- Learn and practice key strategies of what helps
- Better understand what gets in the way of positive behaviour support
- Be able to better personalise and adapt support for pupils in and out of the classroom

What helps effective transitions?

- Develop a range of practical strategies to support pupils with different types of transitions including:
 - with in a day
 - between places
 - between teachers
 - from one school year to another
 - between school or departments

Great skills for Teaching and Learning Support Assistants

- Develop a range of practical strategies to enhance your skills as TA/LSA
- Develop your use of positive behaviour support and quality interaction
- How to make simple visual supports
- Practice simplifying and extending the challenge in tasks
- Develop you understanding of how to adapt and activity to make it more accessible
- Practice identifying what the learning is and what progress can look like with how to feed that back to the teacher

Supporting demand avoidant learners

- Develop you understand of why demands can be so challenging for some learners
- Understand the 2 main elements that lead to demand avoidance



- Heighten a compassionate mind-set as the foundation to supporting demand avoidant learners
- Recognise the impact of the adults' words, actions and attitudes and that these are the key things we need to change
- Recognise the importance of security, attachment and positive relationships
- Learn and try out strategy's that support demand avoidant learners

Developing communication for those who are pre/non-verbal

- Develop an understanding of the overall hierarchy of levels communication development
- Explore how to gauge the overall level a pupil is at
- Learn some basics of some approaches to support pre and non-verbal communication

Free Early Years Training (DSPL 8)
Supporting Children with Autism & Social Communication

To book a place on the training, please contact Charlotte Osborne via email:
CommunicationandAutismTeamISL@hertfordshire.gov.uk

Specialist Advice & Support
Children's Services



Free Early Years Training (DSPL 8)
Supporting Children with Autism & Social Communication
Needs

2021 Dates: 1st December
2022 Dates: 1st February, 22nd February, 17th May or 27th June
9.30 – 2.30pm

Please note delegates only need to attend one date, all dates provided to with planning

Suitable for: EY Teachers, SENCOs/INCOs, Managers/Senior Leaders, Early Years Practitioners, Nursery Nurses, Teaching/Learning Assistants

Hertfordshire County Council is rolling out a programme of training for all Early Years settings. The aims of the training are:

- to develop increased understanding and awareness of autism & social communication needs
- to explore strategies to support learning and development
- to enhance good practice across Early Years settings
- to ensure effective support for Early Years children across all settings

There is **no charge** for this training.

Training will be delivered virtually using Microsoft Teams.

To book a place on the training, please contact Charlotte Osborne via email:
CommunicationandAutismTeamISL@hertfordshire.gov.uk

Please provide the following details:

- Name(s) of applicants:
- DSPL Area
- Course name & date
- Setting name
- Email address(s) of applicant(s) as invite to training will be sent to them directly

Tourette's Talk for Professionals

Booking link - <https://www.eventbrite.co.uk/e/tourettes-talk-for-professionals-tickets-190708713897>



TOURETTE'S TALK FOR PROFESSIONALS



MONDAY 29TH NOVEMBER 2021
6pm - 7pm

Sophia talks about developing Tourette's in her teens and the impact this had on her. Discussing both the struggles and the strengths, Sophia believes that with the right support and understanding individuals can reach their full potential, raise self esteem and emotional resilience in all settings

Come to this online talk to find out what makes her tic!

Please book your place via our Eventbrite link below:

<https://www.eventbrite.co.uk/e/tourettes-talk-for-professionals-tickets-190708713897>

Limited Places Available

events@spaceherts.org.uk



www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS

REGISTERED CHARITY ENGLAND AND WALES NO: 117 2178

Hertfordshire CAMHS newsletter Edition 8 - November 2021

Please see below and attached the November edition of the Hertfordshire CAMHS System newsletter.

The newsletter is for **staff groups working with children and young people and parents/carers in Hertfordshire** including public services - council/s, education settings - and other partners including voluntary, community and social enterprise (VCSE) organisations, as well as with NHS CAMHS and other NHS staff. It isn't for wider circulation beyond these groups, **but please forward it to colleagues working with children and young people in your organisation** and/or forward contact details of professionals from your organisation or others, to be added to the distribution list for the newsletter to: lisa.gazeley@hertfordshire.gov.uk.

If you have any feedback and/or any articles you would like to be included in future editions, please contact Lisa Gazeley (CAMHS Comms & Engagement Manager) lisa.gazeley@hertfordshire.gov.uk

If you would like to register for our mailing list, or be removed, please email dspl@kls.herts.sch.uk

Feeling Good Week 7-11th February 2022

For more information, please visit:

<https://www.healthyyoungmindsinherts.org.uk/home/news-and-resources/events/feeling-good-week-february-2022>

Please submit completed application forms via email: CAMHS.Commissioning@hertfordshire.gov.uk
(application form is attached to the DSPL email)

The deadline for applications is: **Friday 3rd December 2021**

Feeling Good Week
7th - 11th February 2022

I am Me

It can be easy to think you need to change parts of yourself, but what if you spent more time devoted to being you, for you? We would like to see ideas that promote acceptance, respect and celebration of all children and young people for who they are, and tools that can be used to support good mental health and emotional wellbeing.

For more information visit:
<https://www.healthyyoungmindsinherts.org.uk/home/news-and-resources/events/feeling-good-week-february-2022>

Apply to receive up to £500 to promote Feeling Good Week in Hertfordshire

Logos: JUST TALK, NHS East and North Hertfordshire Clinical Commissioning Group, Hertfordshire, NHS Herts Valleys Clinical Commissioning Group, FIVE WAYS TO WELLBEING



FEELING GOOD WEEK – FEBRUARY 2022

It can be easy to think you need to change parts of yourself, but what if you spent more time devoted to being you, for you? This year the theme is Body Positivity. We would like to see ideas that promote acceptance, respect and celebration of all children and young people for who they are, and tools that can be used to support good mental health and emotional wellbeing.

Feeling Good Week is a Hertfordshire-wide event that encourages schools and the wider community to promote children and young people's emotional wellbeing by raising awareness of mental health and showing where support can be accessed within the community.

From **7th – 11th February 2022**, we want you to help make children and young people in Hertfordshire feel good by running your own special projects to boost their emotional and mental wellbeing.

Youth organisations, schools, and young people are invited to submit a bid and apply for up to £500 of funding, which has been put forward by Hertfordshire County Council, and the county's two Clinical Commissioning Groups (CCGs). The bids will be reviewed by a panel in December, and they will decide which projects will receive funding Feeling Good Week 2021.

For more information please visit:
<https://www.healthyyoungmindsinherts.org.uk/home/news-and-resources/events/feeling-good-week-february-2022>

Please submit completed application forms via email:
CAMHS.Commissioning@hertfordshire.gov.uk

The deadline for applications is:
Friday 3rd December 2021

Please note, unless there is an issue with your application form, bids will not be acknowledged by email. Only one application per organisation will be accepted.



The Five Ways to Wellbeing can all easily be adapted to fit your own lifestyle whatever your age or background. For more information visit: <https://www.justtalkherts.org/young-people/young-people-looking-after-your-mental-health.aspx#Fivewayswellbeing>

Money Advice Unit Training Programme

Please view the PDF attached to the DSPL email for details of upcoming training by the Money Advice Unit.
(Word document booking form is also attached).

Local High Needs Funding Panel dates 2021-22

The dates below are for next two LHNF panels and application submission dates:

| Day | Date | Time | Papers due |
|-----------|------------|------|------------|
| Thursday | 27.01.2022 | 10am | 13.01.2022 |
| Wednesday | 23.02.2022 | 10am | 02.02.2022 |

***Please note* there are no panels in December 2021 and April 2022**

Please email password protected application forms to dsp18lhnfpanel@kls.herts.sch.uk

If you would like to register for our mailing list, or be removed, please email dspl@kls.herts.sch.uk

ISL SEND Duty and SEND Advice Lines

Statutory SEND Team (for queries about your EHCP)

This academic year our SEND Duty lines will be available:

8.45am - 5.30pm Monday - Thursday, and 8.45am - 5pm Fridays.

East Herts, Broxbourne Welwyn and Hatfield - 01992 588562
easthertsbroxbourne.senteam@hertfordshire.gov.uk

North Herts and Stevenage - 01438 843758
northhertsstevenage.senteam@hertfordshire.gov.uk

St Albans and Dacorum - 01442 453 300
stadsendteam@hertfordshire.gov.uk

Watford, Three Rivers and Hertsmere - 01442 454012
watfordthreerivers.senteam@hertfordshire.gov.uk

Wherever possible, we will always try to answer your query there and then, but if this is not possible (or you wish to speak with a specific officer), we will be operating a call back consultation offer. This model will provide you with the opportunity to arrange with the call handler, a pre-booked "call back" with a named officer across a range of available slots each week.

Specialist advice lines

Educational psychology advice line
01992 588 574 Wednesdays 2pm - 4.30pm

Specific Learning Difficulties (SpLD)
01442 453 920 (term time only) Mon and Thurs, 9.30am - 12pm

Speech, Language, Communication and autism Needs (SLCA)
01442 453 920 (term time only) Tues and Weds, 1.30pm - 4pm

Early years (0 - 5)
01442 453 920 (term time only) Weds 9am - 12pm and Thurs 1.30pm - 4pm

Physical and neurological impairment team (PNI)
01442 453 920 (term time only) Mondays, 1.30pm - 4pm

Education Support for Medical Absence (ESMA)
01442 454 802 (school hours, term time only)
esmaenquiries@hertfordshire.gov.uk

Children and young people's therapy services
(Advice from occupational therapists, physiotherapists and speech and language therapists)
01923 470680 – select Option 3 for the therapy service. Callers then choose to use the service Advice Line (select 1) or to speak to an administrator (select 2).
Or email hct.cytherapies1@nhs.net.

Please feel free to share this email with any relevant colleagues.