

Dear Parent/Carers,

Please find below courses and support available to Dacorum Parent/Carers from local providers. Please contact the providers directly, as detailed in their flyers.

Kind Regards,

DSPL & Team

Just Talk Week 15-21 November 2021



This year, we are celebrating all the ways we can be Kind to one another & ourselves, by being open about Mental Health.

Find out more & book onto one of the week's webinars here: <https://www.justtalkherts.org/news-and-campaigns/just-talk-week-2021.aspx?searchInput=&page=1&resultsPerPage=10&view=list>

Santa's Grotto Additional Needs Sessions at Burston Garden Centre



Come and visit Santa's Grotto for one of our additional needs sessions, which have been developed to provide a more relaxed and quieter environment for your child. You'll find

- music volume dimmed throughout
- sessions are the first of the day, which is when our centre tends to be quieter
- a restricted amount of tickets on sale and no walk in slots available
- our grotto is also fully wheelchair accessible

Booking Link: <https://www.burston.co.uk/event/christmas-grotto-additional-needs/>

Christmas 2021 with Up on Downs

Email enquiries.nhdowns@yahoo.co.uk to request your zoom link and carol sheets.

**SIGNED
CHRISTMAS
CAROLS**

Join Up on Downs online to practice signed Christmas Carols. Any signing ability or no signing ability are all welcome to come for festive fun

Week 1 – Rudolph the Red-nosed Reindeer / Jingle Bells

Week 2 – White Christmas / We wish you a Merry Christmas

Week 3 – Revisit all songs and festive performance

MONDAYS AT 6.30 – 7PM ON 15TH, 22ND AND 29TH
NOVEMBER ON ZOOM

EMAIL ENQUIRIES.NHDOWNS@YAHOO.CO.UK
FOR ZOOM LINK AND CAROL SHEETS.

ATTEND ALL OR DROP IN ON ANY WEEK.

UP ON DOWNS INVITES YOU TO

**CHRISTMAS
CELEBRATION 2021**

Festive fun, games, crafts and food

DEC. 4 • 3-5 PM • MRS HOWARD MEMORIAL HALL
LETCWORTH GARDEN CITY, SG6 1NX

PLACES ARE LIMITED. BOOKING IN ADVANCE IS ESSENTIAL.

EMAIL ENQUIRIES.NHDOWNS@YAHOO.CO.UK TO BOOK.

Christmas Special at The Patch - SPACE

Booking Link: <https://www.eventbrite.co.uk/e/space-exclusive-outdoor-free-play-tickets-196442112647?fbclid=IwAR0QG9CtHZIF-vngKZXISPOjzF3xSyp9pESK3fXGXEjoRx9hbOD9-WjyPL2g>

SPACE
SPACE CHRISTMAS EVENT

**Christmas Special
at The Patch**

Sunday 5th December 2021
10am - 12pm
£10 per family (plus Eventbrite fee)

Exclusive fun and interactive 2 hour guided free play sessions
for children/young people and their families.
Come and build, create, play and have fun with your family

the patch
at junction herts

Please use your Eventbrite link below to book your place:
<https://www.eventbrite.co.uk/e/space-exclusive-outdoor-free-play-tickets-196442112647>

events@spaceherts.org.uk www.spaceherts.org.uk

Supporting Families in Hertfordshire – Autism | ADHD | Neurodiverse Conditions
Registered Charity England and Wales no. 117 2178

Upcoming SPACE Activities

Eventbrite link - <https://www.eventbrite.co.uk/o/space-hertfordshire-29155520957>

Croxley Green Group
Reconnecting with old friends and making new ones...

Tuesday 16th November 2021
The Kitchen, 198 Watford Road, Croxley Green, Rickmansworth WD3 3DB
7pm - 9pm

SUPPORTING FAMILIES IN HERTFORDSHIRE – AUTISM | ADHD | NEURODIVERSE CONDITIONS
REGISTERED CHARITY ENGLAND AND WALES NO: 117 2178



**ONLINE
NAVIGATING THE SEND WORLD**

Beginning The Journey Workshop

Date: Tuesday 16th November 2021
Time: 10am - 12pm
Cost: Free - For Parent/Carers

This workshop looks at services and support available to parent/carers of children with Special Educational Needs. Parent/carers will feel more confident and able to navigate the complexities of the SEND world, so they can access the support they need for their family



Workshop Content:

- Introduction to the language & starting the journey
- Children & young people's health services
- Schools & education services
- Family & social care services
- Support services for parents/carers

Please use the Eventbrite link below to reserve your place:
<https://www.eventbrite.co.uk/e/navigating-the-send-world-beginning-the-journey-workshop-tickets-166811970093>

Limited Places Available

training@spaceherts.org.uk www.spaceherts.org.uk

Supporting Families in Hertfordshire – Autism | ADHD | Neurodiverse Conditions
Registered Charity England and Wales no: 117 2178



SPACE EXCLUSIVE

WEEKLY KARATE

PLACE: Hoddesdon Methodist Church Middlefield Road, Hoddesdon, EN11 9ED	START DATE: Tue 16 th , 23 rd , 30 th , Nov and 7 th Dec 2021
COST: £30 per child for 4 sessions <i>(plus Eventbrite fee)</i>	TIME: 4.30pm - 5.15pm



SPACE are delighted to offer our weekly term time karate classes with LVKA. Supportive and inclusive sessions for children and young people with SEND and their siblings. No experience necessary!

Payments will be on a half termly basis - payable in advance

Please use the Eventbrite link below:
<https://www.eventbrite.co.uk/e/hoddesdon-karate-class-tickets-20781784777>

Limited Places Available

events@spaceherts.org.uk www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE – AUTISM | ADHD | NEURODIVERSE CONDITIONS
REGISTERED CHARITY ENGLAND AND WALES NO: 117 2178



Check In and Chat

SENDIASS
WEDNESDAY 17TH NOVEMBER 2021
7PM - 8PM

SENDIASS are one of a range of organisations who could potentially help you navigate SEND law and more.

- Are you considering applying for an EHCP?
- Thinking that at some point you may need help, support or advice on an issue relating to your child/young person's education including around attendance and exclusions?
- Struggling with the prospect of mediation, appeals, tribunals?
- Perhaps you are looking for an advocate to attend school/college meetings with you or your young person?

PLEASE USE THE EVENTBRITE LINK BELOW TO RESERVE YOUR PLACE:
<https://www.eventbrite.co.uk/e/check-in-and-chat-sendiass-tickets-187841146927>

Limited Places Available

events@spaceherts.org.uk www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE – AUTISM | ADHD | NEURODIVERSE CONDITIONS
REGISTERED CHARITY ENGLAND AND WALES NO: 117 2178

**Dacorum Parent/Carers Courses and Support
Autumn Term – 17.11.2021**



**ONLINE
UNDERSTANDING ADHD**

Date: Thursday 18th November 2021
Time: 7pm - 8pm
Cost: Free - For Parent/Carers

This workshop looks at gaining a better understanding of ADHD and the impact that it has on those who experience the condition.



Workshop Content:

- Characteristics of ADHD
- Recognising myths & facts
- Understanding how ADHD affects executive functioning & emotional regulation

Please use the Eventbrite link below to reserve your place:
<https://www.eventbrite.co.uk/e/understanding-adhd-workshop-tickets-166809833703>

Limited Places Available

training@spaceherts.org.uk



www.spaceherts.org.uk

admin@spaceherts.org.uk



SPACE ONLINE EXCLUSIVE

Online Art Session

'Poppies'

Friday 19th November 2021

7PM - 9PM



Come join us for a fully interactive painting session. September (The Artist in The Window) will talk you through painting the picture and will be able to offer advice and suggestions on your masterpieces!



Please use the Eventbrite link below to request your place:
<https://www.eventbrite.co.uk/e/poppies-older-kids-art-session-tickets-182543591797>

Limited Places Available

events@spaceherts.org.uk



www.spaceherts.org.uk



SPACE ONLINE EXCLUSIVE

Online Art Session

'Poppies'

Friday 19th November 2021

7PM - 9PM



Come join us for a fully interactive painting session. September (The Artist in The Window) will talk you through painting the picture and will be able to offer advice and suggestions on your masterpieces!



Please use the Eventbrite link below to request your place:
<https://www.eventbrite.co.uk/e/poppies-older-kids-art-session-tickets-182543591797>

Limited Places Available

events@spaceherts.org.uk



www.spaceherts.org.uk



**SOCIAL MEDIA
& MENTAL HEALTH**

Parent/Carer Workshop

MONDAY 22ND NOVEMBER 2021

7PM - 9PM

Unit 5, The Maltings Business Centre, Roydon Road,
Stanstead Abbots, Ware, SG12 8HG
(This workshop is for residents of East Hertfordshire)

During this online workshop we will be looking at:

- children's social development
- the science behind social media
- mental health benefits and risks associated with social media
- key concerns, solutions and strategies for SEND children
- online safety resources

Keeping SEND families safe online



Supported by



Please use the Eventbrite link below to book your place:
<https://www.eventbrite.co.uk/e/social-media-mental-health-workshop-tickets-192185290377>

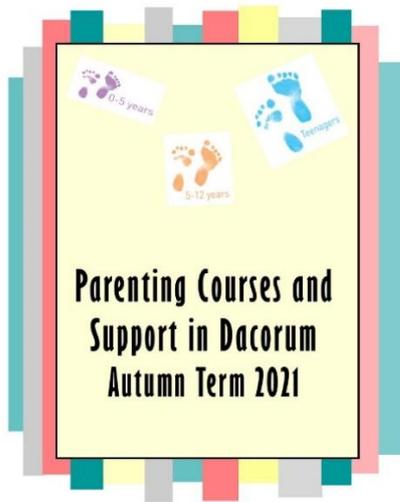
Limited Places Available

events@spaceherts.org.uk



www.spaceherts.org.uk

Parenting Courses and Support in Dacorum Autumn 2021



FREE courses open to parents in Dacorum

For courses from Local Providers, please view the Dacorum Parenting Course Brochure via:
<http://www.dacorumdspl.org.uk/courses-for-parents-carers-and-professionals/>

For SEND courses and support, please visit either:
<https://directory.hertfordshire.gov.uk/Search?CategoryId=70&SM=ServiceSearch&UDG=True&SME=True>

<https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/things-to-do>

The Spring Term 2022 Parenting Courses and Support Brochure will be available for distribution at the end of this term.