

Dear Parent/Carers,

Please find below courses and support available to Dacorum Parent/Carers from local providers. Please contact the providers directly, as detailed in their flyers.

Kind Regards,

DSPL & Team

SPACE Hertfordshire – Upcoming Activities

Eventbrite booking link: <https://www.eventbrite.co.uk/o/space-hertfordshire-29155520957>



☆☆ **SPACE January** Workshops/Courses☆☆

Click the flyers below to link to the booking pages

☆☆ **SPACE Workshops In January** ☆☆

We have lots of workshops, talks and courses coming up this year.

Sign up to Eventbrite and add SPACE as your favourite to get notifications when our events go 'live' to book.

#SPACEhertsactivities

#SPACEhertfordshire

#SPACEhertsworkshops



Autism | ADHD
Neurodiverse Conditions

ONLINE **NAVIGATING THE SEND WORLD**

Beginning The Journey Workshop

Date: Thursday 13th January 2022
Time: 7pm - 9pm
Cost: Free - For Parent/Carers

This workshop looks at services and support available to parent/carers of children with Special Educational Needs. Parent/carers will feel more confident and able to navigate the complexities of the SEND world, so they can access the support they need for their family



Workshop Content:

- Introduction to the language & starting the journey
- Children & young people's health services
- Schools & education services
- Family & social care services
- Support services for parents/carers

Please use the Eventbrite link below to reserve your place:
<https://www.eventbrite.co.uk/e/navigating-the-send-world-beginning-the-journey-workshop-tickets-226512784837>

Limited Places Available



training@spaceherts.org.uk    www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS
Registered Charity England and Wales no.1172178



**ONLINE
NAVIGATING THE SEND WORLD**

Beginning The Journey Workshop

Date: Wednesday 19th January 2022
Time: 10am - 12pm
Cost: Free - For Parent/Carers

This workshop looks at services and support available to parent/carers of children with Special Educational Needs. Parent/carers will feel more confident and able to navigate the complexities of the SEND world, so they can access the support they need for their family



Workshop Content:

- Introduction to the language & starting the journey
- Children & young people's health services
- Schools & education services
- Family & social care services
- Support services for parents/carers

Please use the Eventbrite link below to reserve your place:
<https://www.eventbrite.co.uk/e/navigating-the-send-world-beginning-the-journey-workshop-tickets-226513958347>

Limited Places Available

training@spaceherts.org.uk



www.spaceherts.org.uk



**ONLINE
Educational Health Care Plan
'Annual Review' Workshop**

**THURSDAY 20TH JANUARY 2022
7PM - 8.30PM**



This workshop takes you through step by step:

- What should happen at an EHCP Annual Review
- The timeline
- The legal process
- What the school, Local Authority and you can do to ensure a good solid annual review

Please use the Eventbrite link below to reserve your place:
<https://www.eventbrite.co.uk/e/ehcp-annual-reviews-workshop-tickets-226547950017>

Limited Places Available

training@spaceherts.org.uk



www.spaceherts.org.uk



**QUALITY TIME ONLINE
PARENT / CARER WORKSHOP**

**FRIDAY 21ST JANUARY 2022
10AM - 12PM**

Unit 5, The Maltings Business Centre,
Roydon Road, Stanstead Abbots, SG12 8HG
(This workshop is for residents of East Hertfordshire)

Are you worried about the amount of screen time your SEN child spends online?

- In this relaxed informative session we look at:
- The benefits of being online for children with SEND
 - Why your neurodiverse child might find it difficult to manage their time online
 - Strategies to help manage the amount of time your child spends online and a variety of online safety resources
 - Where to get more help should problems arise

Join SPACE and TechSafe for this for this interactive session for parents/carers, where we discuss the concerns around children being online.



Please use the Eventbrite link below to book your place:
<https://www.eventbrite.co.uk/e/quality-time-online-tickets-212523602817>

Limited Spaces Available

events@spaceherts.org.uk



www.spaceherts.org.uk



**ONLINE
TALKING SENSORY
SIGNS, SIGNALS & SOLUTIONS**

Date: Thursday 27th Jan, 3rd Feb 2022
Time: 12.30pm - 2.30pm
Cost: FREE - For Parent/carers

This workshop looks at the signs and signals you may see when someone is experiencing sensory processing disorder or difficulties, it then moves on to look at strategies and solutions that may help with these.



THE TOPICS COVERED ARE:

- Senses – How many and what are they?
- What is Sensory Processing Disorder?
- What does this mean for your child?
- S.E.N.S.E.
- Individual Senses
 - Signs and Signals
 - Solutions
- Sensory Circuits
- Sensory Equipment
- Resources

Please use the eventbrite link below to reserve your place:
<https://www.eventbrite.co.uk/e/talking-sensory-signs-signals-and-solutions-2-week-course-tickets-22655783447>

Limited Places Available

training@spaceherts.org.uk



www.spaceherts.org.uk

admin@spaceherts.org.uk



**MONDAY 31ST JANUARY 2022
6pm - 8pm**



**SOPHIA CHRISTOPHI
Tourettes and ASD**

Do you know the difference between an autistic stim and a Tourette's tic? Sophia talks about the events that led to her discovering she is autistic, developing Tourette's in her teens and the impact this had on her.

Come to this online talk to find out what makes her tic!

Please book your place via our Eventbrite link below:

<https://www.eventbrite.co.uk/e/tourettes-and-autism-workshop-tickets-226558702177>

Limited Places Available

training@spaceherts.org.uk



www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS
REGISTERED CHARITY ENGLAND AND WALES NO: 1172178



SPACE EXCLUSIVE

SPACE for Girls

Date: Tuesday 11th, 18th, 25th Jan 1st Feb 2022

Time: 4.30pm - 6pm

Venue: St Paul's Church, Blandford Road, St Albans, AL1 4JP

Cost: £10 (4 weeks)
(plus Eventbrite fee)

Age: Secondary



Children remain the responsibility of the parents. Parents to remain on site. Limited Places Available



This is a 4 week carousel of bespoke activities for girls. Each week the girls will be taking part in a different activity. Please be aware you are committing to the full 4 weeks.

Please use the Eventbrite link below to request your place:
<https://www.eventbrite.co.uk/e/space-for-girls-st-albans-tickets-225183839927>

events@spaceherts.org.uk



www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS
REGISTERED CHARITY ENGLAND AND WALES NO: 1172178



SPACE EXCLUSIVE

SPACE for Girls

Date: Thursday 13th, 20th, 27th Jan, 3rd Feb 2022

Time: 4.30pm - 6pm

Venue: Hilltop Community Centre, The Downs, Hatfield, AL10 8JW

Cost: £10 (4 weeks)
(plus Eventbrite fee)

Age: Secondary



Children remain the responsibility of the parents. Parents to remain on site. Limited Places Available



This is a 4 week carousel of bespoke activities for girls. Each week the girls will be taking part in a different activity. Please be aware you are committing to the full 4 weeks.

Please use the Eventbrite link below to request your place:
<https://www.eventbrite.co.uk/e/space-for-girls-hatfield-tickets-22523731117>

events@spaceherts.org.uk



www.spaceherts.org.uk

SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM | ADHD | NEURODIVERSE CONDITIONS
REGISTERED CHARITY ENGLAND AND WALES NO: 1172178

★★ **SAVE THE DATES** ★★

★ 29th / 30th September 2022 ★

SPACE are pleased to announce our annual conference

in conjunction with the ADHD Foundation Neurodiversity Charity will be going ahead next year on 29th and 30th September 2022.

As usual we will have a parent/carer and professional day with some exciting new speakers and subjects. Look out for further details in the

New Year and also new projects will be announced!



#SPACEhertstogether
#SPACEhertsconference

**SAVE
the
DATES**

**ANNUAL CONFERENCE
29.09.22 and 30.09.22**



Families in Focus courses and Parent Network SEND peer support & information groups



Parenting apart and children with SEND
Putting children first

Funded by DSPL9 and FREE for parents and carers in Bushey, Radlett, Watford and Three Rivers, this two-hour course is for those parenting separately with children with SEND.

Facilitated by Lesley and Francine, trained, qualified and experienced facilitators and parents too, with 20+ years personal and professional experience.



This course will enable you and your family to:

- ✔ Understand more about children's needs during transition from one parent to another
- ✔ Learn tips for smooth transitions
- ✔ Avoiding parenting pitfalls that are unhelpful for children
- ✔ Using empathic techniques to help children understand & express their emotions



Free and funded by DSPL Area 9: Bushey, Radlett, Watford & Three Rivers. FIF working in partnership for parents of DSPL9

Where: Online via Zoom

When: Monday 16th May
6.30-8.30pm

Places are free for parents and carers in the areas listed and must be booked by emailing bookings@familiesinfocus.co.uk

www.familiesinfocus.co.uk

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info@familiesinfocus.co.uk



Supporting siblings

Living with brothers and sisters with SEND

Funded by DSPL9 and FREE for parents and carers in Bushey, Radlett, Watford and Three Rivers, this two-hour course is for those parenting children with SEND and their siblings.

Facilitated by Lesley and Francine, trained, qualified and experienced facilitators and parents too, with 20+ years personal and professional experience.



This course will enable you and your family to:

- ✔ Understand a sibling's experience of living with a sister or brother with SEND
- ✔ Share typical sibling issues
- ✔ Learn tips, ideas and creative ways that best support siblings
- ✔ Communicate with empathy so siblings can build their emotional literacy



Free and funded by DSPL Area 9: Bushey, Radlett, Watford & Three Rivers. FIF working in partnership for parents of DSPL9

Where: Online via Zoom

When: Monday 23rd May
9.30-11.30am

Places are free for parents and carers in the areas listed and must be booked by emailing bookings@familiesinfocus.co.uk

www.familiesinfocus.co.uk

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Parenting with empathy
for primary aged children with SEND

Funded by DSPL9 and FREE for parents and carers in Bushey, Radlett, Watford and Three Rivers, this three session course is for those parenting children from four to 11 years.

Facilitated by Lesley and Francine, trained, qualified and experienced facilitators and parents too, with 20+ years personal and professional experience.

This course will enable you and your family to:

A proven therapeutic approach to increase positive family communication to manage behaviours that challenge, reducing behaviours that challenge and building your family's emotional wellbeing.

- ✔ Discover what empathic listening is and how and why it builds strong attachments in families
- ✔ Build a positive emotional language when managing anger and/or 'emotional traffic jams'
- ✔ Learn to use empathy to set clear expectations and boundaries to enable children to feel safe



Free and funded by DSPL Area 9: Bushey, Radlett, Watford & Three Rivers. FIF working in partnership for parents of DSPL9

Where: Online via Zoom

When: Thursday mornings 9.30-11.30am
May 5th, 12th, 19th, 2022

Places are free for parents and carers in the areas listed and must be booked by emailing bookings@familiesinfocus.co.uk

www.familiesinfocus.co.uk

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Handling Anger in Your Family

Funded by HCC and FREE this 6 session CANparent Quality Award evidence based course is for parents living in Hertfordshire and parenting children from 5 to 11 years.

Facilitated by Lesley and Francine who are trained, qualified and experienced facilitators and parents too with 20+ years personal and professional experience.

This course will enable you and your family to:



- ✔ Gain greater understanding of anger dynamics in your family
- ✔ Understand the root causes or triggers of anger in your family
- ✔ Learn proven and effective strategies that will reduce anger in your family
- ✔ Discover new ways to communicate to calm and prevent anger... before it occurs!
- ✔ Learn safe and creative ways for children to 'let go' of pent up emotions safely
- ✔ Create a calm family environment so all can talk about their emotions safely
- ✔ Gain skills to manage your family's emotional regulation
- ✔ Meet other parents in a calm, judgement-free group

"I was in a quite low place when I joined this course but each week I took away ideas to help me understand why my child was so angry and it's amazing that things are so much more brighter now and highly recommend this to understand not only children's anger but yours too!"



Funded by Hertfordshire County Council

Where: Online via Zoom

When: Wednesdays 9.30-11.30am
February 23rd
March 2nd, 9th, 16th, 23rd, 30th

Only 12 free places available. Places must be booked by emailing bookings@familiesinfocus.co.uk with name and date of course

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Dacorum Parent/Carers Courses and Support Spring Term – 19.01.2022



Families In Focus CIC
LOOKING FORWARD TOGETHER

Handling anger in your primary aged child with ASD or ADHD

Funded by HCC and FREE, this six session CANparent Quality Award evidence-based course is for parents living in Hertfordshire and parenting children from 2 to 11 years.

Facilitated by Lesley and Francine who are trained, qualified and experienced facilitators and parents too, with 20+ years personal and professional experience.



This course will enable you and your family to:

- ✔ Gain understanding of Autism and ADHD and how behaviours can be affected
- ✔ Attain awareness of a child's sensory world and the affect on behaviour
- ✔ Understand how anger and other emotions live in your family
- ✔ Increase your understanding of triggers that cause angry outbursts
- ✔ Learn healthy anger management strategies for children and parents to reduce angry outbursts
- ✔ Discover creative ways to support children to 'let go' of anger safely
- ✔ Gain effective empathic communication techniques to reduce angry outbursts
- ✔ Meet and share experiences with other parents

"I feel empowered by the tools we were shown on this course and was at a real loss as to how to help my families anger and didn't know what to do. Others judged our family but not judged at all here. Emotional intelligence makes so much more sense now and I love the gentle but firm ideas we learnt each week."



Funded by Hertfordshire County Council

Where: Online via Zoom

When: Monday lunchtimes 12-2pm
February 2022 21st, 28th
March 7th, 14th, 21st, 28th

Only 12 free places available. Places must be booked by emailing bookings@familiesinfocus.co.uk

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Families In Focus CIC
LOOKING FORWARD TOGETHER

Handling anger in your primary aged child with ASD or ADHD

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This course will enable you and your family to:

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- ✔ Attain awareness of a child's sensory world and the affect on behaviour
- ✔ Understand how anger and other emotions live in your family
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"I feel empowered by the tools we were shown on this course and was at a real loss as to how to help my families anger and didn't know what to do. Others judged our family but not judged at all here. Emotional intelligence makes so much more sense now and I love the gentle but firm ideas we learnt each week."



Funded by Hertfordshire County Council

Where: Online via Zoom

When: Thursday lunchtimes 12-2pm
February 2022 24th
March 2022 3rd, 10th, 17th, 24th, 31st

Only 12 free places available. Places must be booked by emailing bookings@familiesinfocus.co.uk

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Families In Focus CIC
LOOKING FORWARD TOGETHER

Handling anger in your primary aged child with ASD or ADHD

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- ✔ Gain understanding of Autism and ADHD and how behaviours can be affected
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- ✔ Increase your understanding of triggers that cause angry outbursts
- ✔ Learn healthy anger management strategies for children and parents to reduce angry outbursts
- ✔ Discover creative ways to support children to 'let go' of anger safely
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"I feel empowered by the tools we were shown on this course and was at a real loss as to how to help my families anger and didn't know what to do. Others judged our family but not judged at all here. Emotional intelligence makes so much more sense now and I love the gentle but firm ideas we learnt each week."



Funded by Hertfordshire County Council

Where: Online via Zoom

When: Thursday mornings 9.30-11.30am
February 2022 24th
March 2022 3rd, 10th, 17th, 24th, 31st

Only 12 free places available. Places must be booked by emailing bookings@familiesinfocus.co.uk

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Families In Focus CIC
LOOKING FORWARD TOGETHER

Managing anxiety in your primary aged child

Funded by DSPL9 and FREE for parents and carers in Bushey, Radlett, Watford and Three Rivers, this three session evidence-based course is for those parenting children from four to 11 years.

Facilitated by Lesley and Francine, trained, qualified and experienced facilitators and parents too, with 20+ years personal and professional experience.

Anxiety can look like this...



And it can also look like this...



This course will enable you and your family to:

- ✔ Increase your understanding of why children feel anxious
- ✔ Develop a greater understanding of the range of emotions that may be hidden & the effects on the whole family
- ✔ Understand triggers which increase anger and anxiety in children
- ✔ Learn helpful tips, ideas and creative ways to help children to communicate their emotions
- ✔ Learn strategies for parents to keep calm under pressure
- ✔ Help children to understand what calm is all about and how to achieve their best version of calm
- ✔ Use empathy to set clear rules and boundaries
- ✔ Develop supportive ways to respond to children's difficult feelings
- ✔ Helping children to become more emotionally literate & build strong attachments

Where: Online via Zoom

When: Monday evenings 6.30-8.30pm
May 9th, 16th, 23rd, 2022

Places are free for parents and carers in the areas listed and must be booked by emailing bookings@familiesinfocus.co.uk

Dacorum Parent/Carers Courses and Support Spring Term – 19.01.2022



February 2022 Zoom Parent Network

Parent Network is open to ANY parent in the UK caring for a child with any Special Education Needs including those awaiting assessment or diagnosis.

If you would like to join us, email bookings@familiesinfocus.co.uk and we'll send you the Zoom codes

zoom with Francine and Lesley	Monday February 7th 7-9pm	Understanding ADHD
Early Years zoom with Tracey and Georgie	Wednesday February 9th 9.30 - 11.30am	Modelling self care and an introduction to mindfulness <small>With Helena Marks-Dwyer, Independent SEND consultant</small>
Teens 15+ zoom with Finola and Karen	Tuesday February 15th 7-9pm	Benefits post-16 and PIP With the Money Advice Unit
zoom with Vicky and Sharon	Wednesday February 16th 9.30-11.30am	Let's pop the kettle on - SEND chat, giggles and a cuppa
zoom with Siobhann	Monday February 21st 10am - 12pm	EHCP - The first steps
zoom with Siobhann and Tracey	Thursday February 24th 10am - 12pm	SEND support in schools
zoom with Siobhann and Sharon	Thursday February 24th 7-9pm	Understanding your draft EHCP

Parents who have attended previous sessions will receive a text invitation to join the virtual meetings

@familiesinfocus.co.uk
 @familiesinfocus
 @FIFHerts
 www.familiesinfocus.co.uk



March 2022 Zoom Parent Network

Parent Network is open to ANY parent in the UK caring for a child with any Special Education Needs including those awaiting assessment or diagnosis.

If you would like to join us, email bookings@familiesinfocus.co.uk and we'll send you the Zoom codes

zoom with Francine and Lesley	Monday March 7th 7-9pm	Understanding sensory issues
Early Years zoom with Tracey and Georgie	Wednesday March 9th 9.30 - 11.30am	Early Years support in Herts & benefits and SEND <small>With The Money Advice Unit</small>
zoom with Siobhann	Monday March 14th 10am - 12pm	EHCP & school issues Q&A <small>With Helena Marks-Dwyer, Independent SEND consultant</small>
Teens 15+ zoom with Finola and Karen	Tuesday March 15th 7-9pm	Understanding PDA With Amanda Mcquire
zoom with Vicky and Sharon	Wednesday March 16th 9.30-11.30am	Let's pop the kettle on - SEND chat, giggles and a cuppa
zoom with Siobhann and Tracey	Thursday March 17th 10am - 12pm	Getting a successful EHCP review
zoom with Siobhann and Sharon	Thursday March 17th 7-9pm	Tried and tested tips and ideas for children with sensory issues

Parents who have attended previous sessions will receive a text invitation to join the virtual meetings

@familiesinfocus.co.uk
 @familiesinfocus
 @FIFHerts
 www.familiesinfocus.co.uk

Two Online Parenting Courses Fully Funded By Herts County Council Family Services Commissioning Team

To book, email: Bookings@natural-flair.co.uk

A FREE 6 week course for parents and carers of children aged 11+ Funded by Hertfordshire County Council Children's Services NOW AVAILABLE ONLINE

The Secrets of Parenting Teens and Building Resilience

Topics covered include:

- ◆ Teen development and the teen brain
- ◆ Building resilience/self esteem
- ◆ Temperament and its effects on behaviour
- ◆ Dealing with challenging behaviour
- ◆ Improving communication and relationships
- ◆ What is anxiety and how it is displayed in young people
- ◆ Looking at wellbeing and anxiety of teens and the impact on the wider family
- ◆ Tools for managing anxiety and conflict
- ◆ Setting boundaries and managing house rules/parenting styles and strategies
- ◆ The power of empathy in connecting with young people
- ◆ Tools for emotional health and wellbeing

ONLINE SESSIONS

Date: Monday 24th January for 6 weeks
Time: 7.00pm to 9.00pm

Date: Thursday 24th February for 6 weeks
Time: 7.00pm to 9.00pm

Parents need to be referred onto this course or have a specific parenting need
To book contact:

Vicky Knight (Course Manager)
Email: bookings@natural-flair.co.uk
or call 01992 446 051

Natural Flair Coaching Ltd
Presents
Natural Steps
To Stronger, Safer Families
A Protective Behaviours Approach to Emotional Wellbeing
Now offered as an online course

TCA
International Coaching awards

Natural Flair Coaching Ltd
Presents
Natural Steps
To Stronger, Safer Families
A Protective Behaviours Approach to Emotional Wellbeing
Now offered as an online course

Topics covered include:

- What it means to feel safe - how do we know?
- Problem solving and resilience skills
- How to support our child's worries
- Why do we get triggered? Our 'unwritten rules'
- How to build and maintain an effective support network
- Strategies to stay in control of our emotions
- What is behind anger and how this impacts behaviour

Dates: Day and evening courses available

Wednesday 12th January 9.30am to 11.30am
or
Monday 31st January 7pm to 9pm
or
Thursday 24th February 7pm to 9pm

(Each course is 6 sessions in total)
Venue: Available on your smart phone or laptop device in the comfort of your own home via a safe/secure link

This fun and inspiring online parent coaching course develops confidence, resilience and emotional wellbeing - It is packed full of strategies to support your family to manage their feelings and tips to support a calmer family life

Parents need to be referred onto this course or have a specific parenting need
For more information or to book a space please call 01992 446 051
Email: Bookings@natural-flair.co.uk

Natural Flair Coaching Ltd

<https://www.natural-flair.com/protectivebehaviours>

<https://www.natural-flair.com/understanding-teens>

[Hertfordshire County Council & BeeZee Bodies
Family group Programmes in Hemel Hempstead](#)

Sign up via: https://beezeebodies.com/for-families/?utm_source=parent-mail&utm_medium=email&utm_campaign=herts



**CREATING HEALTHIER. HAPPIER FAMILIES IN
HEMEL**



Our free after-school groups are coming to Hemel this February!

Our team of family wellbeing experts and nutritionists make learning about healthy eating fun, and have plenty of tricks to help you and your kids turn what you learn into healthy habits for life!

Kids will cook healthy meals, take part in fun games and sports, and make loads of friends!

Parents are supported by our team to handle conflict resolution, and benefit from the support network of likeminded families.



IT'S FREE!

WHERE AND WHEN?

WEDNESDAYS 17:30 – 19:30
Starting February 23rd for 12 weeks

LONGDEAN SCHOOL
Rumballs Rd, Hemel Hempstead, HP3 8JB

SCAN ME TO SIGN UP!



[CLICK HERE TO SIGN UP FOR YOUR FAMILY'S FREE PLACE](#)

To be eligible for this awesome free service, your family must live/go to school in Hertfordshire and include one child who is above their ideal healthy weight.



**Dacorum Parent/Carers Courses and Support
Spring Term – 19.01.2022**

Empower project

For further information, contact Jodine Williams jodine.williams@watfordfc.com

WatfordFC wellbeing

EMPOWER

FREE

EMPOWER is a free 6 month after-school programme which helps young people aged 9–12 years old improve mental wellbeing through physical activity.

The Phases of Empower

- THE DEVELOPMENT PHASE**
12 X WEEKLY SESSIONS
Exploring emotions
- THE MAINTENANCE PHASE**
6 X WEEKLY SESSIONS
Implementing coping strategies
- THE REFLECTION PHASE**
6 X WEEKLY SESSIONS
Reflecting on learnings

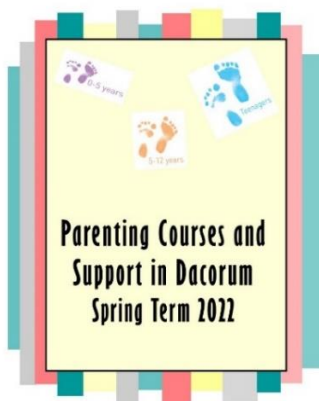
Each session is 90 minutes and consists of 60 minutes of physical activity and a 30 minute wellbeing workshop.

Time: 5pm-6:30pm
Start date: 24th Jan 2022
Venue: Hammond Academy, Cambrian Way, Hemel Hempstead HP2 5TD

For further information contact Jodine Williams
jodine.williams@watfordfc.com



Parenting Courses and Support in Dacorum Spring 2022



FREE courses open to parents in Dacorum

For courses from Local Providers, please view the Dacorum Parenting Course Brochure via:
<http://www.dacorumdspl.org.uk/courses-for-parents-carers-and-professionals/>

For SEND courses and support, please visit either:
<https://directory.hertfordshire.gov.uk/Search?CategoryId=70&SM=ServiceSearch&UDG=True&SME=True>

<https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/things-to-do>