

Dear Professionals,

In this communication, please find the following training and support with the booking/information links. Please find more information on each session, in this PDF document.

<b>TRAINING OPPORTUNITY</b>	<b>BOOKING/INFORMATION LINK</b>
<b>Behaviour Forum – Dacorum Secondary Schools</b> <b>24.02.2022, 3:30-5pm</b>	<a href="https://www.eventbrite.co.uk/e/behaviour-forum-dacorum-secondary-school-professionals-only-tickets-163163178459">https://www.eventbrite.co.uk/e/behaviour-forum-dacorum-secondary-school-professionals-only-tickets-163163178459</a>
<b>Children's Wellbeing Practitioners Service</b>	<a href="https://www.hct.nhs.uk/our-services-and-referral-information/our-services-a-z/childrens-wellbeing-practitioners-service/">https://www.hct.nhs.uk/our-services-and-referral-information/our-services-a-z/childrens-wellbeing-practitioners-service/</a>
<b>SENCo Cluster Network Meetings</b> <b>Tring - 01.03.2022 @ 1pm</b> <b>Berkhamsted – 01.03.2022 @ 10am</b>	<b>Tring School</b> <b>Berkhamsted online, email <a href="mailto:masonr@kls.herts.sch.uk">masonr@kls.herts.sch.uk</a></b>
<b>Specific learning difficulties (SpLD) resources</b>	<a href="https://www.hertfordshire.gov.uk/microsites/local-offer/resources-for-parents-and-professionals/resources.aspx">https://www.hertfordshire.gov.uk/microsites/local-offer/resources-for-parents-and-professionals/resources.aspx</a>
<b>Parent Support Programmes:</b> <b>Anxiety &amp; Resilience</b> <b>Raise Resilience</b>	<a href="https://bounceforward.com/anxiety-hertfordshire-parents/">https://bounceforward.com/anxiety-hertfordshire-parents/</a> <a href="https://bounceforward.com/raise-resilience-hertfordshire-parents/">https://bounceforward.com/raise-resilience-hertfordshire-parents/</a> Please note: these are targeted courses, please send to specific parents who you feel will benefit rather than to all parents.
<b>Woodfield Outreach Professionals Training</b>	<a href="http://www.dspl8.eventbrite.com">www.dspl8.eventbrite.com</a>

The DSPL8 Professionals communication can also be downloaded from our website via the following link:  
<http://www.dacorumspl.org.uk/online-resources-for-professionals-2/>

Kind Regards,

DSPL 8 Team – Carole Hassell, Ruth Mason & Ashley Fabray

 Website: [www.dacorumspl.org.uk](http://www.dacorumspl.org.uk)

 Facebook: [www.facebook.com/dspldacorum](https://www.facebook.com/dspldacorum)

 Email: [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)

 Instagram: [https://www.instagram.com/dspl\\_dacorum/](https://www.instagram.com/dspl_dacorum/)

 Eventbrite: <https://dspl8.eventbrite.co.uk/>

### **Behaviour Forum – Secondary schools – 24.02.2022**

Booking Link - <https://www.eventbrite.co.uk/e/behaviour-forum-dacorum-secondary-school-professionals-only-tickets-163163178459>




#### **Behaviour Forum—Dacorum Secondary Schools**

The Behaviour Forum provides an opportunity for Secondary Pastoral Leads to hear the latest initiatives and developments. Whilst providing an opportunity for networking and sharing of good practice.

The Spring Term session will include the following:

- No More Service - Nicole Theron
- Mental Health update - Jen Beere
- DESC update: Boxall update and referral form—Emma McKenna
- DSPL8 update - Carole Hassell

**Date:** Thursday 24th February 2022

**Time:** 15:30 - 17:00

**Venue:** Online (the meeting link will be sent directly from DESC nearer the date)

**Book your place via:** [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

If you would like to register for our mailing list, or be removed, please email [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)

### **Children's Wellbeing Practitioners Service**

The Hertfordshire Community NHS Trust Children's Wellbeing Practitioner Team is a new service offer for 2022. The Children's Wellbeing Practitioners (CWPs) are hosted by the Public Health School Nursing Service, however there is a new referral pathway to access support.

The Children's Wellbeing Practitioner (CWP) training programme was driven by Health Education England as a response to ensure that children, young people and their parents/carers have access to evidence based preventative and early intervention support for common emotional wellbeing and mental health difficulties. The aim of the HCT Children's Wellbeing Practitioners is to ensure that children and young people can easily access evidence-based support, early in the development of the problem through workshops, groups and 1-1 interventions.

There are four manualised guided self-help interventions available:

- Child Anxiety (Parent led for children aged 5-11)
- Child Behavioural Problems (Parent led for children aged 5-8. Older children may be accepted in some instances)
- Adolescent Anxiety (For young people aged 11-19)
- Adolescent Low Mood (For young people aged 11-19)

The following workshops are either currently available or will be available later in the year:

- Child emotional wellbeing & regulation
- Emotional wellbeing for adolescents
- Child sleep difficulties
- Adolescent sleep difficulties
- Child self-esteem
- Adolescent self-esteem
- School Transitions
- Exam stress

To find more information and how to book via:

<https://www.hct.nhs.uk/our-services-and-referral-information/our-services-a-z/childrens-wellbeing-practitioners-service/>

### **Tring & Berkhamsted SENCo Cluster Network Meetings**

Please see the dates below for the Tring and Berkhamstead SENCo Cluster Network meetings:

<b>SENCo Cluster Network - Tring</b>	<b>01.03.2022</b>	<b>13:00-14:30</b>	<b>Tring School</b>
<b>SENCo Cluster Network – Berkhamsted</b>	<b>01.03.2022</b> <b>To book, email:</b> <a href="mailto:masonr@kls.herts.sch.uk">masonr@kls.herts.sch.uk</a>	<b>10:00-11:30</b>	<b>Online</b>

## Specific learning difficulties (SpLD)



Useful SPLD resources for both Professionals and parents can be found on the Hertfordshire Local Offer via:

<https://www.hertfordshire.gov.uk/microsites/local-offer/resources-for-parents-and-professionals/resources.aspx>

## Parental Support Programmes

As part of the Wellbeing for Education Recovery Hertfordshire County Council have commissioned the following parental support sessions with regard to anxiety and resilience through Bounce Forward.

**Please note: these are targeted courses, please send to specific parents who you feel will benefit rather than to all parents.**

### ANXIETY AND RESILIENCE

**Supporting My Child With Anxiety**

**A three-session on-line course for parents**  
**Four date & time options to choose from!**  
Funded by Hertfordshire County Council supporting parents.

Children and young people will feel anxious and worried from time to time. Anxiety is a normal or usual response to uncertainty. The way we respond as parents, and deal with our own anxiety plays a significant part in building our children's capacity to develop resilience.

Covid has certainly generated lots of uncertainty and changed the way we go about our everyday lives. You may be more worried than you might usually be as you think about the impact on you and your family. Perhaps you are in the midst of a growing cycle of worry and concern that you'd like to unravel. You are not on your own.

It is possible to use this experience to learn how best to help children not only understand why human beings experience anxiety, but also to help them, and you, develop strategies that will really help in a practical way.

Join Bounce Forward for a series of **three 60-minute webinars** to explore anxiety. The sessions will provide a space to think about your own responses and provide some practical tips and advice that you can use at home to help your children develop their resilience to anxiety.

**BOOK NOW** **LEARN MORE**

Booking Link: <https://bounceforward.com/anxiety-hertfordshire-parents/>




### RAISE RESILIENCE

**Helping parents and children to thrive!**

**A six-session course with home resources**

Raise Resilience is a series of on-line sessions for parents. It starts with personal resilience to remind you to look after yourself (easily forgotten) and takes you through key ingredients for building resilience in a way that is helpful for you and your children.

The sessions provide practical skills and information proven to support positive changes in cognition, behaviour, and mindsets. This is an opportunity that really helps with the small day to day stuff and can be a set of tools that help you and your children thrive in life.

This has been fully funded through Hertfordshire County Council to bring to parents in Herts for FREE!

**“Really informative, well delivered and easy to understand. Opened my mind and will be very useful for family life.”**

Four date and time options to choose from

**LEARN MORE & SIGN-UP >**

Booking Link: <https://bounceforward.com/raise-resilience-hertfordshire-parents/>

## Woodfield Outreach Professionals Training

Please see the flyers below for details of upcoming training for DSPL8 School staff. The Summer Term training is now also open for booking. Eventbrite booking link - [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)



### Woodfield Outreach Professionals Training 2021-22

Booking Link - [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

	Dates	Time	Location
<b>Spring Term 2022</b>			
Using Visual Supports	<b>Please attend Part 1 online and one of the dates for Part 2 in person.</b>  Part 1: Wednesday 12 <sup>th</sup> January 22  Part 2 option a: Wednesday 2 <sup>nd</sup> March 22 or Part 2 option b: Wednesday 9 <sup>th</sup> March 22	1.30-3pm  1.30-3.30pm  1.30-3.30pm	Virtual – Zoom  In person @ Woodfield School HP3 8RL  In person @ Woodfield School HP3 8RL
Understanding and using Zones of Regulation	<b>Please attend all 3 sessions online.</b>  Part 1: Wednesday 19 <sup>th</sup> January 22  Part 2: Wednesday 26 <sup>th</sup> January 22  Part 3: Wednesday 2 <sup>nd</sup> February 22	2-3pm  2-3pm  2-3pm	Virtual – Zoom  Virtual – Zoom  Virtual - Zoom
Understanding and supporting girls with Autism	<b>Please attend both sessions online.</b>  Part 1: Wednesday 9 <sup>th</sup> February 22 Part 2: Wednesday 23 <sup>rd</sup> February 22	2-3pm 2-3pm	Virtual – Zoom Virtual - Zoom
Practical tips and ideas for teaching Relationships and Sex Education for pupils with SEND	<b>Please attend both sessions in person.</b>  Part 1: Wednesday 16 <sup>th</sup> March 22  Part 2: Wednesday 23 <sup>rd</sup> March 22	1.30-3.30pm	In person @ Woodfield School HP3 8RL

		1.30-3.30pm	In person @ Woodfield School HP3 8RL
<b>Spring Into Summer Term 2022</b>			
Social Stories, when and how to write them.	<b>Please attend both sessions, Part 1 online and Part 2 in person.</b>  Part 1: Wednesday 30 <sup>th</sup> March 22  Part 2: Wednesday 27 <sup>th</sup> April 22	2-3pm  1.30-3.30pm	Virtual – Zoom  In person @ Woodfield School HP3 8RL
Positive Behaviour Support – Key strategies that work.	<b>Please attend both sessions online.</b>  Part 1: Wednesday 11 <sup>th</sup> May 22  Part 2: Wednesday 18 <sup>th</sup> May 22	2-3pm  2-3pm	Virtual – Zoom  Virtual – Zoom
What helps effective transitions?	<b>1 session online.</b>  Wednesday 25 <sup>th</sup> May 22	2-3pm	Virtual – Zoom
Great skills for Teaching and Learning Assistants	<b>Please attend 1 session in person. This is being offered on 2 separate dates.</b>  Wednesday 8 <sup>th</sup> June 22 Or Wednesday 15 <sup>th</sup> June 22	1.30-3.30pm  1.30-3.30pm	In person @ Woodfield School HP3 8RL  In person @ Woodfield School HP3 8RL
Supporting demand avoidant learners	<b>1 session in person.</b>  Wednesday 22 <sup>nd</sup> June 22	1.30-3.30pm	In person @



Developing communication for those who are pre/non-verbal	<b>1 session in person.</b>  Wednesday 29 <sup>th</sup> June 22	1.30-3.30pm	Woodfield School HP3 8RL  In person @ Woodfield School HP3 8RL
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#### **Continuing Professional Development Focus and Aims**

##### **Supporting Anxious Children and Young People**

- Develop understanding of the range of reasons pupils feel anxiety
- To know how anxiety can affect children and young people
- Develop understanding of how the cause of anxiety impacts the appropriate supports and strategies
- Learn about and practice using a range of tools that can be used to support those with anxiety

##### **Using Visual Supports**

- Develop your understanding of visual supports as learning and communication tools.
- To know how they support pupils and the benefits of their use
- To broaden your knowledge of the range of visual supports
- To know the functions of different visual support tools
- To know when and how to draw on this toolkit to support learners
- To prepare materials to create visual support tools for specific learners

##### **Understanding and using The Zones of Regulation**

- Understand The Zones Framework and activities for supporting implementation of it
- Develop your understanding of the range of emotions and their purposes
- Explore the neurological component to how emotions impact behaviour
- Learn about a toolkit of co and self-regulation strategies
- Recognise the importance of security, attachment and positive relationships in the development of regulation skills
- Heighten a compassionate mind-set as the foundation to understanding and teaching The Zones of Regulation framework

##### **Understanding and supporting girls with Autism**

- Review of autism and how it impacts pupils
- Why are so many more boys diagnosed with autism than girls?
- How can autism look different in girls?
- Why is it important for girls with autism to be diagnosed early?
- Developing your understanding of what masking means
- Strategies for supporting girls with autism

##### **Practical tips and ideas for teaching Relationships and Sex Education for pupils with SEND**

- Understand the importance of supporting parents and working in partnership
- Know what is optional and what is mandatory in RSE
- Know what are the priority elements to teach
- Lots of practical and useable ideas for teaching RSE to pupils with SEND

##### **Social Stories, when and how to write them**

- Learn what a social story is and what it is not
- Increase your understanding of when a social story could be helpful
- Gain skills in writing social stories and how to develop them
- Be better equipped to support pupils through social stories

##### **Positive Behaviour Support – Key strategies that work**

- Understand how to positively support pupils behaviour
- Learn and practice key strategies of what helps
- Better understand what gets in the way of positive behaviour support
- Be able to better personalise and adapt support for pupils in and out of the classroom

### What helps effective transitions?

- Develop a range of practical strategies to support pupils with different types of transitions including:
  - with in a day
  - between places
  - between teachers
  - from one school year to another
  - between school or departments

### Great skills for Teaching and Learning Support Assistants

- Develop a range of practical strategies to enhance your skills as TA/LSA
- Develop your use of positive behaviour support and quality interaction
- How to make simple visual supports
- Practice simplifying and extending the challenge in tasks
- Develop your understanding of how to adapt and activity to make it more accessible
- Practice identifying what the learning is and what progress can look like with how to feed that back to the teacher

### Supporting demand avoidant learners

- Develop your understanding of why demands can be so challenging for some learners
- Understand the 2 main elements that lead to demand avoidance
- Heighten a compassionate mind-set as the foundation to supporting demand avoidant learners
- Recognise the impact of the adults' words, actions and attitudes and that these are the key things we need to change
- Recognise the importance of security, attachment and positive relationships
- Learn and try out strategies that support demand avoidant learners

### Developing communication for those who are pre/non-verbal

- Develop an understanding of the overall hierarchy of levels communication development
- Explore how to gauge the overall level a pupil is at
- Learn some basics of some approaches to support pre and non-verbal communication

## Professionals Training Spring & Summer 2022

Please see updated dates and times for the Berkhamsted and Tring SENCo Cluster networks for the Spring Term.

### DSPL8 Professionals Training Offer 2021-22

Please find below the dates and times for training available to DSPL8 Professionals for 2021-22.

#### Spring 2022 Term

Autism Lead Network meeting	12.01.2022	13:00-14:30	Online
Primary School Mental Health and Wellbeing (pastoral) leads network	02.03.2022	13:30-15:00	Online*
Behaviour Forum Secondary Pastoral Leads	24.02.2022	15:30-17:00	DESC
Herts for Learning SEND Briefing	22.03.2022	09:00-13:00	South Hill Centre
SENCo Cluster Network - Tring	01.03.2022	13:00-14:30	Tring School
SENCo Cluster Network - Berkhamsted	01.03.2022	10:00-11:30	Online**
SENCo Cluster Network - Secondary	10.02.2022	09:15-10:45	Online
SENCo Cluster Network - 1	01.02.2022	09:15-10:45	Online
SENCo Cluster Network - 2	01.02.2022	13:15-14:45	Online
SENCo Cluster Network - 3	03.02.2022	09:15-10:45	Online
SENCo Cluster Network - 4	03.02.2022	13:15-14:45	Online
Woodfield Outreach Training: Using Visual Supports Part 1 online	12.01.2022	13:30-15:00	Online
Using Visual Supports Part 2 In person	02 / 09.03.2022	13:30-15:30	Woodfield School
Understanding and using Zones of Regulation	19.01-02.02.2022	14:00-15:00	Online
Understanding and supporting girls with Autism	09-23.02.2022	14:00-15:00	Online
	16-23.03.2022	13:30-15:30	Woodfield School

Book your place via: [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

#### Autism Lead Network Meeting

Autism Lead Forums are sessions for those with autism lead responsibility to hear the latest developments and practice for autistic young people. There is also an opportunity for networking and sharing good practice between schools. **Book via Eventbrite.**

#### Behaviour Forum

The Behaviour Forum provides an opportunity for Secondary Pastoral Leads to hear the latest initiatives and developments. Whilst providing an opportunity for networking and sharing of good practice. **Book via Eventbrite.**

#### Primary School Mental Health and Wellbeing (pastoral) leads network

Mental Health Lead Forums are sessions for those with mental health lead/deputy responsibility to hear latest developments, training and support for those working to improve and support well-being in schools for adults and young people. **\*You do not need to book on Eventbrite, as a Microsoft teams link will follow from Public Health.**

#### Herts for Learning SEND Briefing

SEND Briefings are designed for all SENCO's to ensure you are up to date with local and national SEND practice. With an hour for a specialist presentation on a SEND related topic and hour and half for Herts for Learning presentation on local/national updates. Slides of presentations are available after the event to those that have attended/registered. In non covid times we also ensure there is time for networking and catch up over coffee and cake. **Book via Eventbrite.**

#### SENCo Network Cluster Meetings

SENCo network meetings are an opportunity for SENCO's to share good practice ideas, problem solve together and spend some time with others. From time to time speakers can be arranged and there is an opportunity for issues raised to be highlighted within the DSPL in order to

highlight need or seek resolution to common challenges. See the last page for a list of schools in each SENCo Network Cluster. **Book via Eventbrite.**

\*\* Berkhamsted Cluster: To book contact - [masonr@kls.herts.sch.uk](mailto:masonr@kls.herts.sch.uk)

### DSPL8 Professionals Training Offer 2021-22

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#### Summer 2022 Term

Autism Lead Network meeting	27.04.2022	13:00-14:30	Online
Primary School Mental Health and Wellbeing (pastoral) leads network	15.06.2022	13:30-15:00	Online*
Behaviour Forum Secondary Pastoral Leads	16.06.2022	15:30-17:00	DESC
Herts for Learning SEND Briefing	06.07.2022	12:00-16:00	South Hill Centre
SENCo Cluster Network - Tring	*see below		
SENCo Cluster Network - Berkhamsted	**see below		
SENCo Cluster Network - Secondary	09.06.2022	09:15-10:45	Online
SENCo Cluster Network - 1	24.05.2022	09:15-10:45	Online
SENCo Cluster Network - 2	24.05.2022	13:15-14:45	Online
SENCo Cluster Network - 3	26.05.2022	09:15-10:45	Online
SENCo Cluster Network - 4	26.05.2022	13:15-14:45	Online
Woodfield Outreach Training: Social Stories, when & how to write them—Part 1	30.03.2022	14:00-15:00	Online
Social Stories, when & how to write them—Part 2	27.04.2022	13:30-15:30	Woodfield School
Positive Behaviour Support	11-18.05.2022	14:00-15:00	Online
What helps effective transitions?	25.05.2022	14:00-15:00	Online
Great skills for Teaching and Learning Assistants	08 / 15.06.2022	13:30-15:30	Woodfield School
Supporting demand avoidant learners	22.06.2022	13:30-15:30	Woodfield School
Developing Communication for pre/non-verbal	29.06.2022	13:30-15:30	Woodfield School

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\*Tring Cluster: For further information contact - [masonr@kls.herts.sch.uk](mailto:masonr@kls.herts.sch.uk)

\*\* Berkhamsted Cluster: For further information contact - [masonr@kls.herts.sch.uk](mailto:masonr@kls.herts.sch.uk)

**DSPL8 Professionals Training Offer 2021-22**

Schools in each SENCo Network cluster

Network 1	Network 2
Bedmond Boxmoor Galley Hill Heath Lane Hemel Hempstead Micklem Nash Mills Pixies Hill South Hill St Roses Two Waters	Bovingdon Chaulden Infants Chaulden Juniors Gade Valley George Street Great Gaddesden JFK Kings Langley School Saratt St Cuthbert Mayne St Pauls Chipperfield St Roses The Laureate
Network 3	Network 4
Astley Cooper Aycliffe Drive Belswains Brookwood Flamsted Village School Gaddesden Row Hobletts Manor Infants Hobletts Junior Holtsmere Infants Holtsmere Juniors Kings Langley Primary Maple Grove St Albert the Great Yewtree	Adeyfield Broadfield Chambersbury Hammond Hobbs Hill Wood Jupiter Free School Leverstock Green Lime Walk Longdean Marykate Village The Reddings Tudor

Website - [www.dacorumdspl.org.uk](http://www.dacorumdspl.org.uk)  
Facebook - [www.facebook.com/dspldacorum](https://www.facebook.com/dspldacorum)

Email - [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)  
Instagram - [https://www.instagram.com/dspl\\_dacorum/](https://www.instagram.com/dspl_dacorum/)

**Local High Needs Funding Panel dates 2021-22**

The dates below are for next two LHNFP panels and application submission dates:

Day	Date	Time	Papers due
Thursday	24.03.2022	10am	10.03.2022
Thursday	19.05.2022	10am	05.05.2022

**\*Please note\* there is no panel in April 2022**

Please email password protected application forms to [dspl8lhnfp@kls.herts.sch.uk](mailto:dspl8lhnfp@kls.herts.sch.uk)

**ISL SEND Duty and SEND Advice Lines**

**Statutory SEND Team (for queries about your EHCP)**

This academic year our SEND Duty lines will be available:

**9am - 5.30pm Monday - Wednesday, and 9am – 4:30pm Fridays.**

**East Herts, Broxbourne Welwyn and Hatfield - 01992 588562**  
[easthertsbroxbourne.senteam@hertfordshire.gov.uk](mailto:easthertsbroxbourne.senteam@hertfordshire.gov.uk)

**North Herts and Stevenage - 01438 843758**  
[northhertsstevenage.senteam@hertfordshire.gov.uk](mailto:northhertsstevenage.senteam@hertfordshire.gov.uk)

**St Albans and Dacorum - 01442 453 300**  
[stadsendteam@hertfordshire.gov.uk](mailto:stadsendteam@hertfordshire.gov.uk)

**Watford, Three Rivers and Hertsmere - 01442 454012**  
[watfordthreerivers.senteam@hertfordshire.gov.uk](mailto:watfordthreerivers.senteam@hertfordshire.gov.uk)

**Specialist advice lines**

**Educational psychology advice line**  
**01992 588 574 Wednesdays 2pm - 4.30pm**

**Specific Learning Difficulties (SpLD)**  
**01442 453 920 (term time only) Thurs, 9.30am - 12pm**

**Speech, Language, Communication and autism Needs (SLCA)**  
**01442 453 920 (term time only) Tues and Weds, 1.30pm - 4pm**

**Early years (0 - 5)**  
**01442 453 920 (term time only) Weds 9am - 12pm and Thurs 1.30pm - 4pm**

**Physical and neurological impairment team (PNI)**  
**01442 453 920 (term time only) Mondays, 1.30pm - 4pm**

**West team Attendance Duty**  
**01442 454 778 Monday –Friday 9:30am-4pm**

**Education Support for Medical Absence (ESMA)**  
**01442 454 802 (school hours, term time only)**  
**[esmaenquiries@hertfordshire.gov.uk](mailto:esmaenquiries@hertfordshire.gov.uk)**

**Children and young people's therapy services**  
**(Advice from occupational therapists, physiotherapists and speech and language therapists)**  
**01923 470680 – select Option 3 for the therapy service. Callers then choose to use the service Advice Line (select 1) or to speak to an administrator (select 2).**  
**Or email [hct.cyptherapies1@nhs.net](mailto:hct.cyptherapies1@nhs.net).**

Please feel free to share this email with any relevant colleagues.