

Dear Professionals,

In this communication, please find the following training and support with the booking/information links. Please find more information on each session, in this PDF document.

| TRAINING | BOOKING/INFORMATION LINK | | |
|--|--|--|--|
| OPPORTUNITY | | | |
| Social Stories: 03.03.2022 & | https://www.eventbrite.co.uk/e/social-stories-when-and-how-to-write-them-2- | | |
| 04.05.2022* | sessions-dacorum-prof-tickets-219917989627 | | |
| *Change of time on first | | | |
| session and change of | | | |
| date on second session | | | |
| Protective Behaviours | | | |
| Training – few places | | | |
| remaining: | https://www.eventbrite.co.uk/e/protective-behaviours-level-1-dacorum-school- | | |
| Level 1: 05.05.2022- | professionals-only-tickets-276663517027 | | |
| 13.05.2022 | | | |
| Level 2: 20.04.2022 | https://www.eventbrite.co.uk/e/protective-behaviours-workshop-level-2-dacorum- | | |
| | school-professionals-only-tickets-276675894047 | | |
| Update from Mental Health | Further information below and relevant forms in the Zip folder attached to the DSPL | | |
| Support Team Steering | email | | |
| Group: Wave 7- Mental Health Support Team in | | | |
| North Herts, Dacorum and | | | |
| Three Rivers- EOI now open | | | |
| Safe Space WER Reflective | Further information below and request form for reflective supervision support attached | | |
| Supervision Information | to the DSPL email | | |
| Up on Downs March | Newsletter and parent booklet PDF's attached to DSPL email | | |
| Newsletter and new parent | • | | |
| booklet | | | |
| New resources for World | https://www.autism.org.uk/get-involved/raise-money/world-autism-acceptance-week- | | |
| Autism Acceptance Week | 2022 | | |
| Hertfordshire Family Centre | https://inspireall.zoom.us/meeting/register/tJwpdeygrDojG9B6Sa6UvHlqX0BcolKWtrvV | | |
| Service Partnership Network | | | |
| Meetings - Dacorum District | | | |
| Wednesday 30th March | | | |
| 2022 | | | |
| 10:00 - 11:30 | | | |
| Healthier Together monthly | Newsletter PDF attached to DSPL email | | |
| newsletter | | | |

The DSPL8 Professionals communication can also be downloaded from our website via the following link: http://www.dacorumdspl.org.uk/online-resources-for-professionals-2/

Kind Regards,

DSPL 8 Team - Carole Hassell, Ruth Mason & Ashley Fabray

Website: www.dacorumdspl.org.uk Facebook: www.facebook.com/dspldacorum

Eventbrite: https://dspl8.eventbrite.co.uk/



Woodfield Outreach Professionals Training

Please note Due to unforeseen circumstances the time for the Social Stories first session has changed to 1-2pm and the date for the second session has changed to 4th May.

Social Stories, when and how to write them

Booking link: https://www.eventbrite.co.uk/e/social-stories-when-and-how-to-write-them-2-sessions-dacorum-prof-tickets-219917989627

- Learn what a social story is and what it is not
- Increase your understanding of when a social story could be helpful
- Gain skills in writing social stories and how to develop them
- Be better equipped to support pupils through social stories

Please attend both sessions, Part 1 online and Part 2 in person

Part 1: Wednesday 30th March 22, <mark>1-2pm</mark>* Virtual – Zoom *amended time

Part 2: Wednesday 4th May* 22, 1.30-3.30pm In person at Woodfield School HP3 8RL *new date

Protective Behaviours Training – Level 1 & 2: Last few remaining places

Protective Behaviours Level 1

Delivered online over 4 x half day or sessions or 2 whole days.

5,6,12 & 13 May 2022, 9.30am - 12.30pm



Delegates will receive a Level 1 book and certificate.

The outcomes of the training are to:

Recognise the effects of Unwritten Rules on feelings, thoughts & behaviour
Recognise the inter-relationship of Feelings, Thoughts and Behaviour
Know the importance of the two themes of Protective Behaviours and
understand their importance in helping people feel safe

Understand what 'Feeling Safe' is and the recognition of early warning signs
Understand how to build a personal network of support

Understand the 7 Protective Behaviours Strategies and how they can be applied in practice

Understand how the use of safe, empowering language is effective in communicating and in enhancing relationships in the workplace, with families and in communities

The course will be delivered with existing learning outcomes and an increased focus on anxiety and wellbeing.



Level 1 Booking Link: https://www.eventbrite.co.uk/e/protective-behaviours-level-1-dacorum-school-professionals-only-tickets-276663517027



Protective Behaviours Workshop - Level 2

Delivered online Wednesday 20th April 2022 09.30 am – 12.30 pm



The purpose of the workshop will be to review the key elements of Protective Behaviours, their links with anxiety and that staff will have enhanced skills and ability in using PBs to recognise and respond to anxiety and increase wellbeing.

NB: only for colleagues who have already completed Level 1 training



Level 2 Booking Link: https://www.eventbrite.co.uk/e/protective-behaviours-workshop-level-2-dacorum-school-professionals-only-tickets-276675894047

<u>Update from Mental Health Support Team Steering Group: Wave 7- Mental Health</u> Support Team in North Herts, Dacorum and Three Rivers- EOI now open

As you will know, Hertfordshire was one of the first areas to secure Mental Health Support Teams (MHST) in schools as part of NHS England's Trailblazer programme following the Green Paper (2017) recommendations and the commitment from the Department of Education and the Department of Health, to ensure national coverage of MHST. The programme has been running since 2018 and consists of a team being built around trainees that are undergoing the one year Educational Mental Health Practitioner (EMHP) Course. During this year, the trainees complete their course and with the support of Senior HPFT CAMHS and Commissioning staff, the rest of the team supports them and works with school communities to design the offer of support. The teams work with between 12 and 20 schools to test the model and work with approximately 500 pupils.

Beyond this, we are working on a longer term sustainable model for Hertfordshire taking into account our local strengths and the challenges of the level of need across a large county. We have developed a model for full coverage across Hertfordshire and have recently secured national funding for a further three teams in North Herts, Dacorum and Three Rivers to grow our Mental Health Support Team bringing the current total MHST's to a total of 13 including the SEND MHST working across Hertfordshire and West Essex. The level of investment demonstrates the NHS commitment to this programme and the delivery of consistent early intervention within schools and the community for mental health and wellbeing. In Hertfordshire, partners have committed to embedding the teams into educational infrastructure.

The MHST team would operate from within a base school and schools that are interested in becoming a base school are encouraged to disclose their interest within the expression of interest. *Please note you do not need to become a base school to take part in this programme. As part of the programme, school staff will benefit from tailored training and consultation, while pupils and parents will be able to access evidence-based interventions for mild to moderate mental health issues, with the aim that early intervention will prevent needs from escalating. We are now opening the opportunity for schools to express their interest in benefiting from joining the new teams. Additional information and selection criteria for participating schools are outlined in the attached EOI form.





If you are interested in being part of this national initiative, please note the following important dates for your diary:

- To hear a little more about the programme, we are inviting you to attend a Q&A Engagement session (virtual): Tuesday 29th March 2022, 12:30pm-2pm. If you or a colleague would like to attend please contact Charlotte Dyer at: hertsvalleysccq.schoolsmh@nhs.net and an invitation will follow.
- **Submission of completed EOI form: No later than Monday 4**th **April 2022.** *Please send completed forms to Charlotte Dyer at: hertsvalleysccq.schoolsmh@nhs.net*
- Communication to successful schools will be by the 14th April 2022.
- Launch will be from September 2022*More information on this will be shared with successful schools.

If you have any further questions, please contact Lauren Bailey: <u>laurenbailey@nhs.net</u> or Peter Theoklitou peter.theoklitou@nhs.net

(Please view relevant forms in the Zip folder attached to the DSPL email)

Safe Space WER Reflective Supervision Information



Safe Space WER Reflective Supervision Information

Safe Space offers supervision for practitioners responsible for undertaking challenging work with children, young people and their families. People who benefit from the supervision we are able to offer include Headteachers, Teachers, and TAs. Supervision is provided to ensure standards, enhance quality, advance learning, stimulate creativity, and support the sustainability and resilience of the work being undertaken and the people who are doing the rewarding but often stressful work. Supervision offers the individual a reflective space in which to develop their work and relationships. It is a confidential space (apart from the usual safeguarding caveats).

Supervision can provide an extremely helpful, non-judgemental, confidential and supportive space to bring concerns and worries about clients and work. A contract is drawn up between both parties at the start of supervision delineating the usual limits of confidentiality (safeguarding etc) and highlighting issues of respect, diversity and care.

Supervision is not therapy. Although personal experiential work and input is an invaluable part of the supervision process, this is only relevant in as much as it influences and informs the work with clients and helps the supervisee to develop. The supervision process is primarily about the work. Where it seems as if personal issues are impeding the work, personal therapy elsewhere (i.e. community or private therapy) would be recommended after careful and sensitive work with the supervisee. This would not preclude them from supervision sessions as long as their own immediate needs were being addressed elsewhere.

An individual supervision session is an hour long and would take place bi-weekly.

Group Supervision

Group supervision is also available for groups of 3-4 individuals. A group session is an hour and a half long and would take place bi-weekly, three weekly or monthly.

Supervision sessions are delivered online via Teams.

Safe Space WER Reflective Supervision Information - February 2022

(Request form for reflective supervision support attached to the DSPL email)



Up on Downs March Newsletter and new parent booklet

It being March we are in full World Down Syndrome Day Celebration mode here at Up on Downs. Please see our attached newsletter for full details of how we will be marking WDSD on 21st March.

On WDSD we will also be launching our New Parent Welcome Booklet on WDSD, a beautiful addition to our New Parent Pack. I also attach a preview. If you could circulate it among your contacts that would be so much appreciated. In addition to this we have a new parent orientation factsheet. If you have any interest in that please do contact us.

If you have any difficulty with the attachments or would simply like more information on anything please don't hesitate to get in touch.

All the very best

Sande Nuttall

Director enquiries.nhdowns@yahoo.co.uk

(Newsletter and parent booklet PDF's attached to DSPL email)

New resources for World Autism Acceptance Week

We'd love your school to join us this World Autism Acceptance Week (28 March – 3 April) and help improve understanding and acceptance of autism.

Sign up to our free Autism Practice Education newsletter and receive practical classroom strategies, case studies, tips and our new resources designed specifically to mark World Autism Acceptance Week.

They're a great way to teach your students all about autism, the importance of being kind, celebrating differences, and more!

Sign up via - https://www.autism.org.uk/get-involved/raise-money/world-autism-acceptance-week-2022

Hertfordshire Family Centre Service Partnership Network Meetings



Spring 2022 Partnership Network Meetings

Dear Partner,

Please find below the date and location of the next Hertfordshire Family Centre Service Partnership Network Meetings in your area. This is a great opportunity to find out updates from the Family Centre Service for your District as well as sharing updates for your service and networking with other professionals.

If you would like to attend, please click on the below link to book a space. We look forward to seeing you soon.

Please note that these meetings will be run virtually.

Partnership Meetings

Dacorum District



DSPL Delivering Provision

DSPL8 Professionals Communication Spring Term - 16.03.2022

Wednesday 30th March 2022

10:00 - 11:30

https://inspireall.zoom.us/meeting/register/tJwpdeygrDojG9B6Sa6UvHIqX0BcoIKWtrvV

Watford & Three Rivers District

Wednesday 30th March 2022

09:30 - 11:00

https://inspireall.zoom.us/meeting/register/tJYpcu2hqTgvGdUGkpVswlCTXmJkdQ5s0uMW

Healthier Together monthly newsletter

Welcome to the fourth edition of the Hertfordshire and west Essex Healthier Together newsletter, our monthly round-up of what's new and relevant on the site. Please share widely amongst colleagues and encourage parents and young people to access the website for support and guidance.

(Newsletter PDF attached to DSPL email)

Professionals Training Spring & Summer 2022

DSPL8 Professionals Training Offer 2021-22

Spring 2022 Term Autism Lead Network meeting 12.01.2022 13:00-14:30 Online Primary School Mental Health and 02.03.2022 13:30-15:00 Online* Wellbeing (pastoral) leads network Behaviour Forum Secondary Pastoral Leads 24.02.2022 15:30-17:00 DESC Herts for Learning SEND Briefing 22.03.2022 09:00-13:00 South Hill Centre SENCo Cluster Network - Tring 01.03.2022 13:00-14:30 Tring School 01.03.2022 10:00-11:30 Online* SENCo Cluster Network - Berkhamsted SENCo Cluster Network - Secondary 10.02.2022 09:15-10:45 Online SENCo Cluster Network - 1 01.02.2022 09:15-10:45 Online SENCo Cluster Network - 2 01.02.2022 13:15-14:45 Online SENCo Cluster Network - 3 03.02.2022 09:15-10:45 Online 03.02.2022 Woodfield Outreach Training: Using Visual Supports Part1 online Using Visual Supports Part2 in person Understanding and using Zones of Regulation Understanding and supporting girls with Autism 12.01.2022 02 / 09.03.2022 19.01—02.02.2022 09—23.02.2022 16—23.03.2022 Online Woodfield School Online Online Woodfield School

Please find below the dates and times for training available to DSPL8 Professionals for 2021-22.

Book your place via: www.dspl8.eventbrite.com

Autism Lead Network Meeting
Autism Lead Forums are sessions for those with autism lead responsibility to hear the latest
developments and practice for autistic young people. There is also an opportunity for networking and sharing goo
practice between schools. Book via Eventbrite.

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he Behaviour Forum

young people. "You do not need to book on Eventbrite, as a Microsoft teams link will follow from Public Health. Herits for Learning SEND Briefing SEND Briefings are designed for all SENCO's to ensure you are up to date with local and national SEND practice. With an hour for a specialist presentation on a SEND related topic and hour and half for Herts for Learning presentation on local/national updates. Slides of presentations are available after the event to those that have attended/ registered. In non covid times we also ensure there is time for networking and catch up over coffee and cake. Book via Eventrities.

Via Eventbrite.

SENCO Network Cluster Meetings
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SENCO network meetings are an opportunity for SENCO's to share good practice ideas, problem solve together an appearance with others. From time to time speakers can be arranged and there is an opportunity for issue valued to be highlighted within the DSPL in order to highlight need or seek resolution to common challenges. See the last page for a list of schools in each SENCO Networks.

Berkhamsted Cluster: To book contact - masonr@kls.herts.sch.uk

Website - www.dacorumdspl.org.uk Facebook - www.facebook.com/dspldacorum

Email – dspl@kls.herts.sch.uk Instagram – https://www.instagram.com/dspl_dacorum/

DSPL Delivering Special Provision Locally

■ DSPL8 Professionals Training Offer 2021-22

| Summe | er 2022 Tern | 1 | |
|--|--|--|---|
| Autism Lead Network meeting | 27.04.2022 | 13:00-14:30 | Online |
| Primary School Mental Health and Wellbeing (pastoral) leads network | 15.06.2022 | 13:30-15:00 | Online* |
| Behaviour Forum Secondary Pastoral Leads | 16.06.2022 | 15:30-17:00 | DESC |
| Herts for Learning SEND Briefing | 06.07.2022 | 12:00-16:00 | South Hill Centre |
| SENCo Cluster Network - Tring | *see below | | |
| SENCo Cluster Network - Berkhamsted | **see below | | |
| SENCo Cluster Network - Secondary | 09.06.2022 | 09:15-10:45 | Online |
| SENCo Cluster Network - 1 | 24.05.2022 | 09:15-10:45 | Online |
| SENCo Cluster Network - 2 | 24.05.2022 | 13:15-14:45 | Online |
| SENCo Cluster Network - 3 | 26.05.2022 | 09:15-10:45 | Online |
| SENCo Cluster Network - 4 | 26.05.2022 | 13:15-14:45 | Online |
| Woodfield Outreach Training: Social Stories, when & how to write them—Part 1 Social Stories, when & how to write them—Part 2 Positive Behaviour Support What helps effect transitions? Great skills for Teaching and Learning Assistants Supporting demand avoidant learners Developing Communication for pre/non-verbal | 30.03.2022 27.04.2022 11—18.05.2022 25.05.2022 08 / 15.06.2022 22.06.2022 29.06.2022 | 14:00-15:00 13:30-15:30 14:00-15:00 14:00-15:00 13:30-15:30 13:30-15:30 | Online Woodfield School Online Online Woodfield School Woodfield School |

Book your place via: www.dspl8.eventbrite.com

Autism Lead Network Meeting Autism Lead Forums are session

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practice between schools. Book via Eventhrite.

Behaviour Errorm

The Behaviour Forum provides an opportunity for Secondary Pastoral Leads to hear the latest initiatives and developments. Whils providing an opportunity for networking and sharing of good practice. Book via Eventhrite.

Primary School Mental Health and Wellbeing (pastoral) leads network

Mental Health Lead Forums are sessions for those with mental health lead/deputy responsibility to hear latest developments, training and support for those working to improve and support well-being in schools for adults and young people. You do not need to book on Eventhrite, as a Microsoft teams link will follow from Public Health.

Herts for Learning SEND Briefings

SEND Briefings are designed for all SENCO's to ensure you are up to date with local and national SEND practice. With an hour for a specialist presentation on a SEND related topic and hour and half for Herts for Learning presentation no local/national updates. Sides of presentations are available after the event to those that have attended, registered. In non covid times we also ensure there is time for networking and catch up over coffee and cake. Book via Eventhrite.

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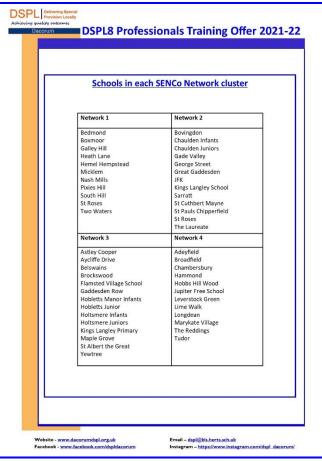
SENCO Network Cluster Meetings
SENCO network needings are an opportunity for SENCO's to share good practice ideas, problem solve together spend some time with others. From time to time speakers can be arranged and there is an opportunity for its raised to be highlighted within the DSPL in order to highlighted within the DSPL in order to highlight need or seek resolution to common challenges. See the last page for a list of schools in each SENCO work Cluster. Book via Eventhorite.

"Tring Cluster: For further information contact - masonr@kls.herts.sch.uk"

"Berkhamsted Cluster: For further information contact - masonr@kls.herts.sch.uk"

Email - dspl@kls.herts.sch.uk Instagram - https://www.insta





Local High Needs Funding Panel dates 2021-22

The dates below are for next two LHNF panels and application submission dates:

| Day | Date | Time | Papers due |
|----------|------------|------|------------|
| Thursday | 19.05.2022 | 10am | 05.05.2022 |
| Thursday | 16.06.2022 | 10am | 26.05.2022 |

^{*}Please note* there is no panel in April 2022

Please email password protected application forms to dspl8lhnfpanel@kls.herts.sch.uk

ISL SEND Duty and SEND Advice Lines

Statutory SEND Team (for queries about your EHCP)

This academic year our SEND Duty lines will be available:

9am - 5.30pm Monday - Wednesday, and 9am - 4:30pm Fridays.

East Herts, Broxbourne Welwyn and Hatfield - 01992 588562 easthertsbroxbourne.senteam@hertfordshire.gov.uk

North Herts and Stevenage - 01438 843758 northhertsstevenage.senteam@hertfordshire.gov.uk

St Albans and Dacorum - 01442 453 300 stadsendteam@hertfordshire.gov.uk

Watford, Three Rivers and Hertsmere - 01442 454012 watfordthreerivers.senteam@hertfordshire.gov.uk





Specialist advice lines

Educational psychology advice line 01992 588 574 Wednesdays 2pm - 4.30pm

Specific Learning Difficulties (SpLD) 01442 453 920 (term time only) Thurs, 9.30am - 12pm

Speech, Language, Communication and autism Needs (SLCA) 01442 453 920 (term time only) Tues and Weds, 1.30pm - 4pm

Early years (0 - 5)

01442 453 920 (term time only) Weds 9am - 12pm and Thurs 1.30pm - 4pm

Physical and neurological impairment team (PNI) 01442 453 920 (term time only) Mondays, 1.30pm - 4pm

West team Attendance Duty

01442 454 778 Monday -Friday 9:30am-4pm

Education Support for Medical Absence (ESMA) 01442 454 802 (school hours, term time only) esmaenquiries@hertfordshire.gov.uk

Children and young people's therapy services

(Advice from occupational therapists, physiotherapists and speech and language therapists)

01923 470680 – select Option 3 for the therapy service. Callers then choose to use the service Advice Line (select 1) or to speak to an administrator (select 2).

Or email hct.cyptherapies1@nhs.net.

Please feel free to share this email with any relevant colleagues.