

Dear Professionals,

In this communication, please find the following training and support with the booking/information links. Please find more information on each session, in this PDF document.

<u>TOPIC</u>	<u>BOOKING/INFORMATION LINK</u>
<b>Autism Leads Network Meeting; 15.11.2022, 1pm Online</b>	<a href="https://www.eventbrite.co.uk/e/autism-lead-network-meeting-tickets-383427531067">https://www.eventbrite.co.uk/e/autism-lead-network-meeting-tickets-383427531067</a>
<b>DSPL8 Herts for Learning SEND Briefing—01.12.2022</b>	<a href="https://www.eventbrite.co.uk/e/free-herts-for-learning-send-briefings-for-professionals-tickets-383437210017">https://www.eventbrite.co.uk/e/free-herts-for-learning-send-briefings-for-professionals-tickets-383437210017</a>
<b>Hertfordshire Autism Training - Level 3: Autism 'Lite Bites'</b>	<a href="mailto:autismtraining@hertfordshire.gov.uk">autismtraining@hertfordshire.gov.uk</a>
<b>Feeling Good Week – February 2023</b>	<a href="https://app.sli.do/event/iaVz7EAvBtUeTTKk7TnfKh/embed/polls/8da20f7d-24cb-4422-942f-632264115628">https://app.sli.do/event/iaVz7EAvBtUeTTKk7TnfKh/embed/polls/8da20f7d-24cb-4422-942f-632264115628</a>
<b>Healthy Relationships &amp; Sexual Assault</b>	<a href="mailto:hello@trcic.co.uk">hello@trcic.co.uk</a>
<b>Hertfordshire CAMHS newsletter Edition 19 - October 2022 Free Youth Wellbeing Service</b>	<a href="https://herts-camhs.tfemagazine.co.uk/october-2022">https://herts-camhs.tfemagazine.co.uk/october-2022</a> <a href="https://www.withyouth.org/">https://www.withyouth.org/</a>
<b>ASK SALI: Special Educational Needs and Disabilities advice line for professionals</b>	<a href="https://www.hertfordshire.gov.uk/microsites/local-offer/feedback/local-offer-blog/ask-sali.aspx">https://www.hertfordshire.gov.uk/microsites/local-offer/feedback/local-offer-blog/ask-sali.aspx</a>
<b>Herts Parent Carer Involvement annual survey</b>	<a href="https://www.surveymonkey.co.uk/r/HPCISurvey2022">https://www.surveymonkey.co.uk/r/HPCISurvey2022</a>
<b>Local High Needs Funding Panel dates 2022-23</b>	See page 5 for the next two LHNF Panel dates

The DSPL8 Professionals communication can also be downloaded from our website via the following link:

<http://www.dacorumdspl.org.uk/online-resources-for-professionals-2/>

Kind Regards,

DSPL 8 Team – Carole Hassell, Ruth Mason & Ashley Fabray



## Autism Leads Network Meeting; 15.11.2022, 1pm Online

At this network meeting, Autism Leads and Deputies will have a chance to look at the new provision descriptor document from Hertfordshire County Council.

Please book your place via

<https://www.eventbrite.co.uk/e/autism-lead-network-meeting-tickets-383427531067>

## DSPL8 Herts for Learning SEND Briefing - Autumn Term

Booking link:

<https://www.eventbrite.co.uk/e/free-herts-for-learning-send-briefings-for-professionals-tickets-383437210017>




### Free Herts for Learning SEND Briefing Autumn Term 2022

DSPL8 are fully funding termly Herts for Learning SEND Briefings.  
These termly meetings will combine the HfL SEND Briefing, local updates and networking. Refreshments and biscuits will also be provided.

The Autumn Term SEND Briefing is on Thursday 1<sup>st</sup> December 2022, 9:00am-1:00pm  
**\*Please note the new venue below\***  
Woodhall Farm & Grovehill Adventure Playground, Redbourn Road, HP2 7 BA

#### Agenda

09:00-09:30	Registration with refreshments
09:30-11:30	SEND Briefing: Louise Barrell, HfL SEND Achievement Adviser
11:30-12:15	Coffee and Networking exercise
12:15-12:30	SEND register: Bex Segalini, Assistant Headteacher, SENCo & Director of Inclusion at Longdean School
12:30-13:00	Part Time Timetables, Emma McKenna, Deputy Headteacher, DESC

Book your place on the SEND Briefing via:  
<https://www.eventbrite.co.uk/e/free-herts-for-learning-send-briefings-for-professionals-tickets-383437210017>

#### Dates & Times for 2022-23 SEND Briefings:

Day	Date	Time	Venue
Thursday	01/12/2022	9:00-13:00	Grovehill & Woodhall Farm Adventure Playground
Thursday	16/03/2023	9:00-13:00	Grovehill & Woodhall Farm Adventure Playground
Wednesday	05/07/2023	9:00-13:00	Grovehill & Woodhall Farm Adventure Playground



## **Hertfordshire Autism Training - Level 3: Autism 'Lite Bites'**

Book via email: [autismtraining@hertfordshire.gov.uk](mailto:autismtraining@hertfordshire.gov.uk)



# **Hertfordshire Autism Training**



## **Level 3: Autism 'Lite Bites'**

**Lite Bite: Structured Teaching  
Approaches**

**Wednesday, 25th January 2023**

### **Aims of the session:**

To recognise why structured teaching is important to those with autism & social communication differences.

To understand how to implement structured teaching in every day learning.

We are running three 30 minute sessions on the above date:

Please note your order of preference or note any sessions you cannot attend.

9.30-10am

10.30-11am

11.30-12pm

Spaces are limited and we will endeavour to match you to a session you require but due to demand on our service cannot swap spaces.

Please note sessions will be repeated on another date should you not be able to attend on 25th January 2023.

To arrange this training please email us at [autismtraining@hertfordshire.gov.uk](mailto:autismtraining@hertfordshire.gov.uk) with HAT Lite Bite in the subject box. Please include order of preference eg 312, 123 etc.

Please include the delegate(s) full name and email address, requests without this may not be actioned.

**Only suitable for those working in primary phase in mainstream, specialist schools  
including our educational support centres.**

[AutismTraining@hertfordshire.gov.uk](mailto:AutismTraining@hertfordshire.gov.uk)



## **FEELING GOOD WEEK – FEBRUARY 2023**

*This year the theme is Be Kind and Connect. You are invited to apply for up to £500 to deliver ideas that promote interpersonal relationships and kindness so that children and young people can socialise within their communities to support mental health and emotional wellbeing.*

Feeling Good Week is a Hertfordshire-wide event that encourages schools and the wider community to promote children and young people's emotional wellbeing by raising awareness of mental health and showing where support can be accessed within the community.

From **6th- 10th February 2023**, we want you to help make children and young people in Hertfordshire feel good by running your own special projects to boost their emotional and mental wellbeing.

Youth organisations, schools, and young people are invited to submit a bid and apply for up to £500 of funding, which has been put forward by Hertfordshire County Council. The bids will be reviewed by a panel in December, and they will decide which projects will receive funding.

To apply please complete the [application form](#).

The deadline for applications is: **Friday 2nd December 2022**

Please note, only one application per organisation will be accepted. In the event that applications are over-subscribed and in line with tackling health inequalities, Feeling Good Week projects funding will prioritise applications from areas of deprivation within the county. If you have any queries, regarding Feeling Good Week please contact [hweicbhv.schoolsmh@nhs.net](mailto:hweicbhv.schoolsmh@nhs.net)

Successful applicants will be notified prior to the Christmas break.

## **Healthy Relationships & Sexual Assault**

For more information and to book a session email: [hello@trcic.co.uk](mailto:hello@trcic.co.uk)



### **WHAT IS IT?**

The Lightbulb Project is a one-and-a-half-hour educational session appropriate for Year 11, 12, and 13 on Healthy Relationships & Sexual Assault.

### **WHO DELIVERS IT?**

The session is created and delivered by the Trauma Recovery CIC team who is commissioned by the NHS to provide trauma psychotherapy in Hertfordshire, Cambridgeshire, and Bedfordshire. Our team brings together qualified psychotherapists with experience in relational trauma, social work and domestic abuse and safeguarding. We are also registered with the National Counselling Society.

### **IS IT NEEDED?**

According to the Crime Survey for England & Wales, year ending March 2018 to March 2020 combined, men and women aged 16 to 24 years were more likely to be victims of sexual assault in the last year than those aged 25 years and over. In addition, full-time students were more likely to have experienced sexual assault in the last year than people in any other occupation type. It is more important than ever before that we invest in programmes to educate, inform and support young people in recognising harmful behaviours within relationships and how to seek out support.

### **WHAT WILL IT COVER?**

The session will cover how to recognise unhealthy behaviours within relationships and in ourselves. The Lightbulb project also educates young people about what consent looks like, and what to do if you have been sexually assaulted.

### **WHAT ARE THE COSTS?**

Nothing. Our pilot at a Hertfordshire Secondary School generated such positive feedback from 16–18-year-olds (recording 100% 'Good'/'Very Good' on the i) workshop experience ii) content of the workshop and iii) presentation / delivery – that we have secured funding from the Office of the Police and Crime Commissioner to roll-out additional sessions across the county at no cost to schools. However, resources are limited and the sessions will be offered on a first come, first served basis.

### **DATES & TIMING**

We will be offering 9am to 10.30am or 1.30pm to 3pm sessions during the w/c 27th March 2023 and again in the summer w/c 3rd July 2023. If you are interested but these timings do not work for you, please get in touch.



David Lloyd  
Police and Crime  
Commissioner's Action Fund  
Using the Proceeds of Crime to make Communities Safer



[hello@trcic.co.uk](mailto:hello@trcic.co.uk)



[www.trcic.org](http://www.trcic.org)



Website: [www.dacorumdspl.org.uk](http://www.dacorumdspl.org.uk)



Email: [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)



Eventbrite: <https://dspl8.eventbrite.co.uk/>



Facebook: [www.facebook.com/dspldacorum](https://www.facebook.com/dspldacorum)



Instagram: [https://www.instagram.com/dspl\\_dacorum/](https://www.instagram.com/dspl_dacorum/)

## **Hertfordshire CAMHS newsletter Edition 19 - October 2022**

This latest edition of Hertfordshire's CAMHS newsletter is very useful and can be viewed via this link:  
<https://herts-camhs.tfemagazine.co.uk/october-2022>

Please also see this additional information below:

### **New Free Youth Wellbeing Service for Herts**

New free service to help young people manage their worries.

With YOUth - Children & Young People's Digital Wellbeing Service

Hertfordshire's children and young people, who are experiencing emotional health problems and/or their parents/care givers, can now use a new free digital wellbeing service, without the need for a professional referral.

Asking for advice and help early, is the healthy, safe and positive choice for having good emotional and mental wellbeing – far better than trying to cope alone with worry and overwhelming feelings.

This new free service is for children and young people aged 5-18, who are registered with a GP in Hertfordshire. It will initially be available from Monday to Friday, 2-10pm at: [www.withyouth.org](http://www.withyouth.org) providing:

- Instant online messaging
- Helpline: 0208 189 8400
- Lumi Nova (most suitable for ages 7-12) - therapeutic digital gaming app providing goal based help for social/separation anxiety and/or phobias, using the most beneficial parts of Cognitive Behavioural Therapy (CBT). Access via the link is instant (no referral needed)
- Worksheets, quick tips and other resources to help
- Additional one-to one and/or group support
- Signposting to other services

The With YOUth team can help with problems such as mild to moderate anxiety, behavioural difficulties, school attendance, low mood, relationship difficulties, bullying or self-harm. The service is not for children and young people who are in crisis\*.

With YOUth/Lumi Nova is part of Hertfordshire's Children and Adolescent Mental Health Services (CAMHS) System Redesign Programme. The Programme has made an ongoing commitment to improving access to emotional and mental wellbeing support at the earliest point.

Find out how Lumi Nova helped 11 year old Maisie to manage her anxiety in this short two minute report: 'Anxiety app helped me at my new school' says Essex pupil - BBC News

You can find out more about the With YOUth Children and Young People's Digital Wellbeing Service at: [www.withyouth.org](http://www.withyouth.org)

Find out more about Lumi Nova: Lumi Nova | Herts Mind Network Children and Young People ([withyouth.org](http://withyouth.org))

\*Getting help for a Mental Health Crisis

- Call HPFT's NHS freephone 24/7 helpline: 0800 6444 101 or
- Call NHS 111 and select option two for mental health services
- In the event of a life threatening condition that requires an emergency intervention, call 999 for the emergency services.



## **ASK SALI: Special Educational Needs and Disabilities advice line for professionals**

'Ask SALI' is a new phonenumber for SENCOs and professionals to call, for advice about meeting the needs of their children and young people with SEND. The new service will be staffed by 3 Ask SALI advisors, who bring with them a wealth of professional experience and knowledge of SEND.

The advisors come from a range of different professional backgrounds across health, education and social care, meaning that they are well equipped to support schools, settings and other professionals in making Hertfordshire a more inclusive place.

[Learn more about Ask SALI.](#)

## **Herts Parent Carer Involvement annual survey**



Herts Parent Carer Involvement (HPCI) exists to represent the views of the parents and carers of children and young people with SEND in Hertfordshire. They work alongside Hertfordshire health, education and social care services, to help keep the needs of families at the heart of decision making.

HPCI are launching their first annual survey to find out more about what families in Hertfordshire are experiencing. They want to know what works and what doesn't, so that they can make sure they are concentrating on the areas that matter most to you. You do not need to have an EHCP, a diagnosis, or be a member of HPCI to take part - they want to hear from everyone.

There is a chance to win 1 of 2 £25 gift cards for completing the survey, too.

You can [complete the HPCI survey](#) until 11 November 2022.

## **Local High Needs Funding Panel dates 2022-23**

The dates below are for the next two upcoming LHNF panel for 2022-23 and application submission dates:

Day	Date	Time	Papers due
Wednesday	23/11/2022	10:00	09/11/2022
Thursday	26/01/2023	10:00	12/01/2023

**\*Please note\* There are no panels in December or April**

Please email password protected application forms to [dspl8lhnfpanel@kls.herts.sch.uk](mailto:dspl8lhnfpanel@kls.herts.sch.uk)





## DSPL8 Professionals Training Offer 2022-23

The Autumn Term events available for booking via: <https://dspl8.eventbrite.co.uk/>

The Spring Term events will be available for booking next half term.

## DSPL8 Professionals Training Offer 2022-23

Please find below the dates and times for training available to DSPL8 Professionals for 2022-23.

### Autumn 2022 Term

Autism Lead Network meeting	15.11.2022	13:00-14:30	Online
Primary School Mental Health and Wellbeing (pastoral) Leads network	09.11.2022	13:30-15:00	Online*
Secondary Emotional Wellbeing & Behaviour Forum (pastoral) Leads network	13.10.2022	15:30-17:00	The Haven, DESC
Herts for Learning SEND Briefing	01.12.2022	09:00-13:00	Grovehill/Woodhall Farm Adventure Playground
SENCo Cluster Network: <u>Hemel Hempstead 1</u>	27.09.2022	13:15-14:45	Gade Community Room, Chaulden Junior School
SENCo Cluster Network: <u>Hemel Hempstead 2</u>	06.10.2022	09:15-10:45	Hobbs Hill Wood School
SENCo Cluster Network: <u>Berkhamsted</u>	28.09.2022	13:15-14:45	Thomas Coram CE School
SENCo Cluster Network: <u>Tring</u>	06.10.2022	13:00-14:30	Tring School
SENCo Cluster Network: <u>Secondary</u>	18.10.2022	09:15-10:45	Hemel Hempstead School
<b>Woodfield Outreach Training:</b>			
Great skills for Teaching & Learning Assistants	12.10.2022	13:30-15:30	Woodfield School
Developing communication for pre/non-verbal	19.10.2022	13:30-15:30	Woodfield School
Supporting anxious CYP	2&9.11.2022	14:00-15:00	Virtual—Zoom/Teams
Positive Behaviour Support for TA's	16.11.2022	13:30-15:30	Woodfield School
Supporting Independent Learning—Primary SEND	23.11.2022	13:30-15:30	Woodfield School
Learning—Primary SEND	30.11.2022 &	13:30-15:00	Virtual—Zoom/Teams
Understanding & using Zones of Regulation	07.12.2022	13:30-15:00	

#### Autism Lead Network Meeting

Autism Lead Forums are sessions for those with autism lead responsibility to hear the latest developments and practice for autistic young people. There is also an opportunity for networking and sharing good practice between schools.

Book via Eventbrite: [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

#### Primary School Mental Health and Wellbeing (pastoral) Leads network

Mental Health Lead Forums are sessions for those with mental health lead/deputy responsibility to hear latest developments, training and support for those working to improve and support well-being in schools for adults and young people. \*You do not need to book on Eventbrite, as a Microsoft teams link will follow from Public Health.

#### Secondary Emotional Wellbeing & Behaviour Forum (pastoral) Leads network

The Emotional Wellbeing & Behaviour Forum provides an opportunity for Secondary Pastoral Leads to hear the latest initiatives and developments. Whilst providing an opportunity for networking and sharing of good practice.

Book via Eventbrite: [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

#### Herts for Learning SEND Briefing

SEND Briefings are designed for all SENCO's to ensure you are up to date with local and national SEND practice. With an hour for a specialist presentation on a SEND related topic and hour and half for Herts for Learning presentation on local/national updates. Slides of presentations are available after the event to those that have attended/registered. In non covid times we also ensure there is time for networking and catch up over coffee and cake.

Book via Eventbrite: [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

#### SENCo Network Cluster Meetings

SENCO network meetings are an opportunity for SENCO's to share good practice ideas, problem solve together and spend some time with others. From time to time speakers can be arranged and there is an opportunity for issues raised to be highlighted within the DSPL in order to highlight need or seek resolution to common challenges. See the last page for a list of schools in each SENCo Network Cluster.

Book via Eventbrite: [www.dspl8.eventbrite.com](http://www.dspl8.eventbrite.com)

Website - [www.dacorumdspl.org.uk](http://www.dacorumdspl.org.uk)

Facebook - [www.facebook.com/dspldacorum](https://www.facebook.com/dspldacorum)

Email - [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)

Instagram - [https://www.instagram.com/dspl\\_dacorum/](https://www.instagram.com/dspl_dacorum/)



Website: [www.dacorumdspl.org.uk](http://www.dacorumdspl.org.uk)



Email: [dspl@kls.herts.sch.uk](mailto:dspl@kls.herts.sch.uk)



Eventbrite: <https://dspl8.eventbrite.co.uk/>



Facebook: [www.facebook.com/dspldacorum](https://www.facebook.com/dspldacorum)



Instagram: [https://www.instagram.com/dspl\\_dacorum/](https://www.instagram.com/dspl_dacorum/)

**ISL SEND Duty and SEND Advice Lines**

**Statutory SEND Team (for queries about your EHCP)**

This academic year our SEND Duty lines will be available:

9am - 5.30pm Monday - Wednesday, and 9am – 4:30pm Fridays.

East Herts, Broxbourne Welwyn and Hatfield - 01992 588562

[easthertsbroxbourne.senteam@hertfordshire.gov.uk](mailto:easthertsbroxbourne.senteam@hertfordshire.gov.uk)

North Herts and Stevenage - 01438 843758

[northhertsstevenage.senteam@hertfordshire.gov.uk](mailto:northhertsstevenage.senteam@hertfordshire.gov.uk)

St Albans and Dacorum - 01442 453 300

[stadsendteam@hertfordshire.gov.uk](mailto:stadsendteam@hertfordshire.gov.uk)

Watford, Three Rivers and Hertsmere - 01442 454012

[watfordthreerivers.senteam@hertfordshire.gov.uk](mailto:watfordthreerivers.senteam@hertfordshire.gov.uk)

**Specialist advice lines**

Educational psychology advice line

01992 588 574 Wednesdays 2pm - 4.30pm

Specific Learning Difficulties (SpLD)

01442 453 920 (term time only) Thurs, 9.30am - 12pm

Speech, Language, Communication and autism Needs (SLCA)

01442 453 920 (term time only) Tues and Weds, 1.30pm - 4pm

Early years (0 - 5)

01442 453 920 (term time only) Weds 9am - 12pm and Thurs 1.30pm - 4pm

Physical and neurological impairment team (PNI)

01442 453 920 (term time only) Mondays, 1.30pm - 4pm

West team Attendance Duty

01442 454 778 Monday –Friday 9:30am-4pm

Education Support for Medical Absence (ESMA)

01442 454 802 (school hours, term time only)

[esmaenquiries@hertfordshire.gov.uk](mailto:esmaenquiries@hertfordshire.gov.uk)

Children and young people's therapy services

(Advice from occupational therapists, physiotherapists and speech and language therapists)

01923 470680 – select Option 3 for the therapy service. Callers then choose to use the service Advice Line (select 1) or to speak to an administrator (select 2).

Or email [hct.cyptherapies1@nhs.net](mailto:hct.cyptherapies1@nhs.net).

