Dacorum

Dear Parent/Carers,

Please find below courses and support available to Dacorum Parent/Carers from local providers. Please contact the providers directly, as detailed in their flyers.

Kind Regards, DSPL 8 Team

SPACE Hertfordshire December Activities

Booking Link: spaceherts.eventbrite.co.uk

DECEMBER ACTIVITIES













Mon 5th Junior Online Cooking

Mon 5th Online Cooking Masterclass

Wed 7th Online Lego Club

Sat 10th Aerial Gymnastics

Wed 14th Virtual Zoo

Fri 16th Online Teen/Adult Art

Wed 28th Christmas Show



Website: www.dacorumdspl.org.uk







spaceherts.eventbrite.co.uk

All activities are subject to change, correct at time of printing











Potential Kids November Activities

Booking Link: www.potentialkids.org/activities

BOOKINGS:

www.potentialkids.org.uk/activities

Date

1st

3rd

3rd

3rd

4th

5th

8th

10th

10th

11th

17th

17th

17th

18th

18th

19th

20th

24th

25th

25th

25th

Tue

Thu

Thu

Thu

Fri

Sat

Tue

Thu

Thu

Fri

Thu

Thu

Thu

Fri

Fri

Sat

Sun

Thu

Fri

Fri

Fri

Sessions

Teens 12+

Trampolining

STEAM Home

Education

STEAM Home

Education

Minecraft On-line

Free Family Football

Drop In

SOS-SEN Walk-In

Advice Center

STEAM Home

Education STEAM Home

Education **Community Connect**

Drop In Coffee/Chat

Trampolining

STEAM Home

Education

STEAM Home

Education

Youth Group 16+

Community Connect

Drop In Coffee/Chat

Youth Group 13+

Minecraft Face to Face

STEAM Home

Education

Minecraft On-line

Community Connect

Drop In Coffee/Chat

Christmas Wreath

Parent Workshop



Location

PK Hub

Gosling

PK Garden

PK Garden

On-line

Birchwood

Leisure Center

PK Hub

PK Garden

PK Garden

PK Garden

Gosling

PK Garden

PK Garden

PK Hub

PK Garden

PK Hub

PK Hub

PK Garden

On-line

PK Garden

PK Hub

Time

16.30-18.30

16.45-18.00

10.00-12.00

12.00-14.00

18.30-19.30

16.00-17.00

10.00-12.00

10.00-12.00

12.00-14.00

11.00-13.00

16.45-18.00

10.00-12.00

12.00-14.00

20.00-22.00

11.00-13.00

12.00-14.00

11.00-13.00

10.00-12.00

18.30-19.30

11.00-13.00

19.30-22.00



www.potentialkids.org.uk



Learning opportunities for everyone through our inclusive programmes

Did you know that you could gain work experience or do your **Duke of Edinburgh** Award with PK?





Always Connecting with our Community and the most



vulnerable



PK Hub & Garden

1:1 & Small Group Education provider



Approved center to deliver nationally Accredited qualifications



SUNDAY

Horse Riding and Groundworks Care Sessions

FRIDAY

Home Education Sessions available on Friday's







Therapeutic Gardening Sessions available

Contact us for further information on any of our activities info@potentialkids.org

















Email: dspl@kls.herts.sch.uk





Dacorum

Supporting Links Courses Spring Term 2023

Book via: bookings@supportinglinks.co.uk or 07512 709556



parent

life.

Wednesdays 7.45-9.15pm 4th Jan - 8th Feb ID: 557

Tuesdays 7.45-9.15pm 21st Feb - 28th Mar ID: 558

Over 6 FREE weekly sessions, ers and male carers of children aged 0-19 will be supported to:

- Increase confidence in your parenting.
- **Develop your dad/child** elationship, now and for the
- Improve listening and communication skills.
- **Develop strategies for dealing** with anger and conflict.
- Learn how to enforce

My child is easier to handle now, and has learnt from the techniques I use.'



PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM

Full details on how to access and use Zoom will be offered.

OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE

Pre-booking essential

Please quote the course ID To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk www.supportinglinks.co.uk



Hertfordshire County Council's
Targeted Parenting Fund

ation you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy





FAMILIES

parents don't get training for the toughest job on earth!



Thursdays 8.00-9.30pm 5th Jan - 9th Feb ib: 553

(Also running face to face in St Albans, Feb-Mar 2023. Call for details)

Our FREE 6 week <u>online course</u> for parents and carers of children aged 0-12 will help you to:

- Manage challenging behaviour with consistency
- Encourage positive behaviour
- **Build your child's self esteem**
- Set and maintain boundaries Respond to tantrums and difficult feelings in children

'It was a brilliant course and has made a huge difference'

'It has taught me new skills to deal with family life'

PARENTING COURSES DELIVERED TO YOUR **HOME VIA ZOOM**

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OPEN TO PARENTS AND

HERTFORDSHIRE Pre-booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on: 07512 709556

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Hertfordshire County Council's Targeted

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Mondays 7.45-9.15pm 20th Feb - 27th Mar ID: 554 Wednesdays 7.45-9.15pm 22nd Feb - 29th Mar ID: 555

(Also running face to face in Watford, Jan/Feb 2023, Call for details

Our FREE 6 week online courses for parents and carers of children aged 12-19 will cover:

- The Teen Brain: Recognising the physical and emotional changes taking place during the teenag years and why their behaviour
- The link between behaviour and communicating difficult feelings.
- Maintaining your relationship with good communication.
- Understanding risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate during a conflict situation.

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Website: www.dacorumdspl.org.uk



Email: dspl@kls.herts.sch.uk



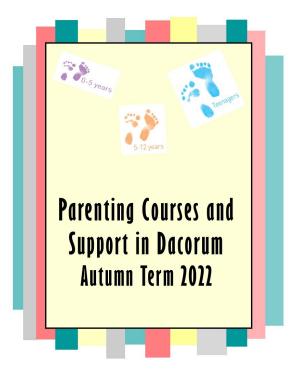
Eventbrite: https://dspl8.eventbrite.co.uk/



Facebook: www.facebook.com/dspldacorum

Dacorum

Parenting Courses and Support in Dacorum Autumn 2022



FREE courses open to parents in Dacorum

The Autumn Term brochure is now available for downloading from our website link below.

For courses from Local Providers, please view the Dacorum Parenting Course Brochure via: http://www.dacorumdspl.org.uk/courses-for-parents-carers-and-professionals/

For SEND courses and support, please visit either: https://directory.hertfordshire.gov.uk/Search?
CategoryId=70&SM=ServiceSearch&UDG=True&SME=True

https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/things-to-do





